

7.2 Potential energy and kinetic energy

1. Fill in the blanks by using the words given:

kinetic	Earth	elastic	height	compressed	position
displacement	moving	condition	lift up	stretched	higher

- a) Potential energy is energy stored in a body due to its _____ or _____.
- b) Gravitational potential energy is the work done to _____ an object until a certain _____ from the surface of the _____.
- c) The higher the position, the _____ the gravitational potential energy.
- d) Elastic potential energy is the energy possessed by an _____ object which is _____ or _____ with x _____ from equilibrium position.
- e) _____ energy is the energy owned by a _____ object.

2. Match the type of energy involved in the situations below.

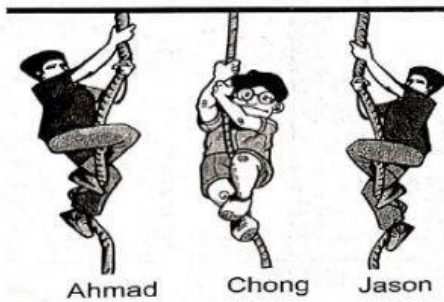


Gravitational Potential Energy
Elastic Potential Energy
Kinetic Energy

3. Determine whether the statement given is TRUE or FALSE.

Statement	TRUE/FALSE
i) A 100 g book on a table has gravitational potential energy.	
ii) 20cm spring has elastic potential energy when it is compressed.	

4. In a rope climbing competition, Ahmad, Chong and Jason climb as high as 6m, 4m and 5m respectively from the ground level the same time as shown in the diagram.



The masses of :
Ahmad = 55 kg
Chong = 70 kg
Jason = 50 kg.

- a) Calculate the work done by Jason to climb the rope.

_____ J

- b) Calculate the gravitational potential energy of Ahmad and Chong.

Ahmad :

_____ J

Chong :

_____ J

- c) Compare the gravitational potential energy between Ahmad and Chong.

Ahmad has a _____ gravitational potential energy compared to Chong.

- d) Chong has lost in the climbing race. Explain why Chong use a greater power than Jason even though he got the last place.

Chong has done more _____ than Jason at the _____ time.

