5.6 Listening and Writing

Click here to listen

3 Listen and complete the notes.

1. **Steve Roberts:** basketball *coach*
2. **Practise:** _____ ✓ times a week
3. **Good snack before game**: some _____ ✓
4. **In a match:** players have to think and move _____ ✓
5. **Before a match:** do a warm-up to get your _____ ✓ ready
6. **To win:** you have to stay _____ ✓