

## Unit 2: HEALTH

**: Listen and choose the best option to complete the sentence.**

1. **What are doctors in Britain worried about?**  
 A. health of teenagers                      B. health of the older  
 C. health of children                      D. health of the doctors themselves
2. **What do teenagers not eat much?**  
 A. chips                      B. crisps                      C. fast food                      D. vegetable
3. **Why do teenagers not eat good food?**  
 A. they do not like it                      B. it is expensive  
 C. it is unhealthy                      D. it is dirty
4. **Where did fast food originate?**  
 A. England                      B. Australia                      C. America                      D. Vietnam
5. **What is not one of the fast food brands?**  
 A. McDonald's                      B. Pizza Hut                      C. Tom and Jerry                      D. Burger King
6. **What is not a type of fast food?**  
 A. hamburgers                      B. apples                      C. fries                      D. sandwiches
7. **Why is fast food unhealthy?**  
 A. it does not contain salt and fat  
 B. it is made dirtily  
 C. it does not contain vitamins and minerals  
 D. it has too much vitamins and minerals
8. **Why do teenagers need a good diet?**  
 A. to live healthily                      B. to live longer  
 C. to live better                      D. all of the above are correct

**: Listen and decide if each statement is true or false or not given.**

No.	Statements	T	F	NG
1.	Sheila is a student.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Sheila takes a bath after school.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	Sheila has vegetables and meat for lunch.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	Sheila does not like juice, but she likes mineral water.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	Sheila plays tennis In the afternoon.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	Sheila does not do any sport activities.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.	Sheila eats many fruits.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.	Sheila usually goes to bed after 11 p.m.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>