



Name:
Class: 4.....

September Week 1
REVIEW 1

1 Read. Circle the correct answer.

- It's inside your body. It is very hard. What is it?
A. a shoulder B. a toe C. a mouth D. a bone
- It's in the middle of your arm. What is it?
A. a back B. an elbow C. a knee D. a finger
- You have ten of these on your hands. What are they?
A. toes B. shoulders C. fingers D. bones
- It is the part between your arm and your neck. What is it?
A. a shoulder B. a hand C. a head D. a leg
- It is under your neck. The food you eat goes into it. What is it?
A. a stomach B. a neck C. a shoulder D. a knee

2 Write. Using "It's important to/ It's not good to...". There is one example.

0. *important/ have enough sleep.*

It's important to have enough sleep.

1. *important/ get enough rest.*

2. *not good/ eat too much fast food.*

3. *not good/ play too much video games.*

4. *important/ drink enough water.*

5. *not good/ spend too much time on TV.*

3 Read and answer the questions.

What we need for a day. Rest: 10 hours

Water: 8 glasses

Food: 3 meals

What John, Amy and Sarah had yesterday:

| | John | Amy | Sarah |
|-------|------|-----|-------|
| Rest | | | |
| Water | | | |
| Meals | | | |

Look at the table and answer the questions

0. *Did John have enough sleep?*

No, he didn't.

1. Did Amy have enough sleep?

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2. Did Sarah drink enough water?

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3. Did Amy have enough meals?

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4. Did John drink enough water?

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5. Did Sarah drink too much water?

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