


Lesson 5. Living Healthily and Safely						< 5-5 >
Topic	 Reading (p.91-92)	Class		No.		Name

◎ 활동1 Summary (요약하기)

	Problems	Tips (Advice)
Safety Problems	<ul style="list-style-type: none"> <li>You may get into a car _____.</li> <li>You may not see a _____ in the street, so you may fall and get _____.</li> </ul>	교과서를 기준으로 적절한 조언을 아래 1~5 중에 골라 번호로 쓰세요.
Health Problems	<ul style="list-style-type: none"> <li>Your eyes will feel _____.</li> <li>Too much texting can cause _____.</li> </ul>	
Smartphone Addiction	<ul style="list-style-type: none"> <li>If you feel nervous when your smartphone is _____, you may have smartphone _____.</li> </ul>	

\* 위 조언(Tips) 칸에 다음에서 적절히 골라 번호로 적으세요.

1. Do not look at your smartphone while you're walking.	2. For dry eyes, try to blink often.
3. Turn off your smartphone during meals or meetings.	4. Talk to people .
5. For text neck, you can do some neck stretching exercises.	

◎ 활동2 Read and answer the questions.

Be Smart with Your Smartphone!	
<ul style="list-style-type: none"> <li>● unusual, unhappy, unable, unlock, untruth ( un- = 부정, 반대의 뜻을 나타내는 접두사)</li> <li>● (특정기간) --동안, --사이에 _____ the winter</li> <li>● (시간의 길이) --동안 _____ three weeks</li> <li>● -- 하는 동안 _____ 주어 + 동사 --/ -- ing</li> </ul>	

## Be Smart with Your Smartphone!

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1. What do we call smartphone zombies? We call them
2. What problems can smombies cause? They can cause various problems.

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3. What problem will you have when you do not blink often?  
You will have eyes.
4. What can cause neck pain? Too much use of smartphones can cause
5. What do we call neck pain? We call it

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6. What can you do to prevent smartphone addiction during meals?  
You/We can turn your smartphone during meals or meetings.
7. What can you do instead of texting people? You/We can to people.

◎ 활동3 본문의 내용과 일치하면 True, 일치하지 않으면 False라고 말해 봅시다.

1. Smart zombies are called smombies. ( T / F )
2. To prevent safety problems, do not look at smartphone while you are walking. ( T / F )
3. Blinking often causes dry eyes. ( T / F )
4. We can do some neck stretching exercises for text neck. ( T / F )
5. We can talk to people instead of texting them to prevent smartphone addiction. ( T / F )

◎ 활동4 (yes/no- questions) 본문의 내용에 맞는 응답과 연결하세요.

1. Can smombies have various safety problems?

Yes, they can.

2. Do your eyes blink often when you look at your smartphone?

Yes, they do.

Yes, they are.

3. Does the stress on your neck become greater when you look down at your smartphone?

Yes, it is.

Yes, it does.

4. Is it a tip for text neck to move the smartphone down to our eye level?

No, it isn't.

No, it doesn't.

5. Is turning off the smartphone during meals good for preventing smartphone addiction?

No, they don't

No, they can't.