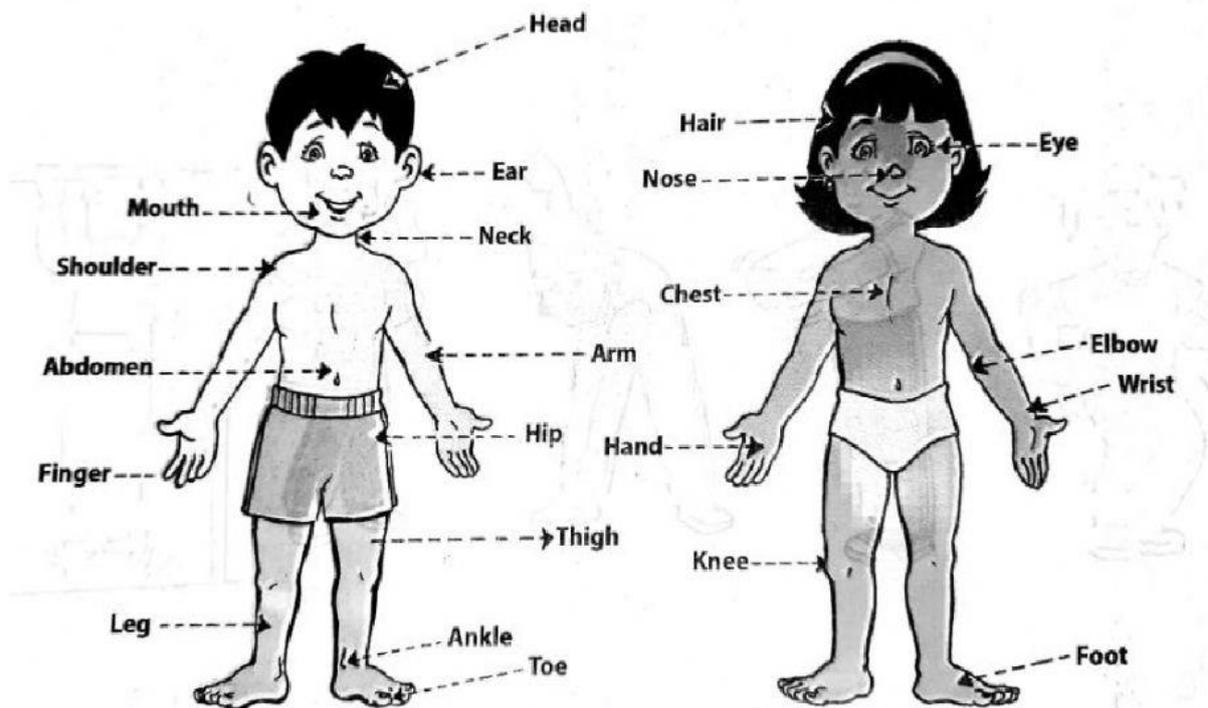


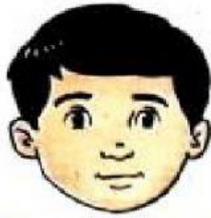
# LESSON 1: I Can Name Parts of my Body



The body or the human body is composed of **seven general parts**. These are the **head**, **neck**, **trunk** (chest and abdomen area), **arms** and **hands**, and **legs** and **feet**. These body parts are responsible for body movements. Our ability to move the body around a space is what makes it interesting.

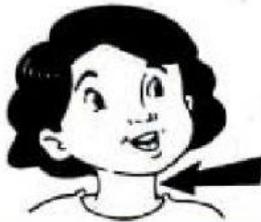
The body can perform functions like **bending, stretching, twisting, and rotating**. When we reach for objects, we stretch. When we pick-up objects, we bend. Our body can meet We injuries if it is not taken care of and not ready for daily activities.

Name the body parts and click your answers.



head

shoulder



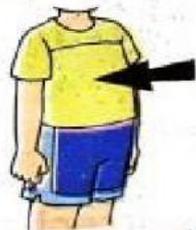
chest

neck



arm

shoulder



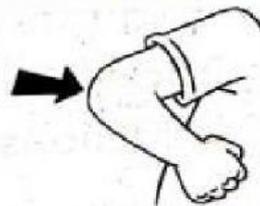
chest

abdomen



knee

finger



elbow

foot

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