



**THE 4<sup>th</sup> QUARTER EXAM**

**Listening**

**Name:**

**Gender:**

**Grade:**

**I. Listen and choose the correct answers.**



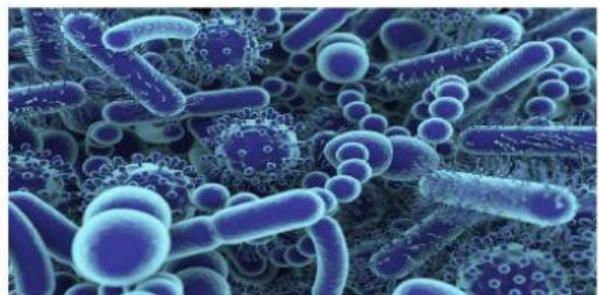
- Which activities do the speakers say they are going to do?  
snowboarding  
dirtboarding  
canyoning  
bungee jumping  
go up the Eiffel Tower  
visit Notre Dame cathedral  
visit the old parts of the city  
go round the Louvre  
go to the Musée D'Orsay  
visit Montmartre and look at the views

❖ **Choose the correct option to complete the sentences.**

- A dirtboard is ...  
a board with wheels that you stand on.  
a board with no wheels that you stand on.  
a board that you sit on.
- To go canyoning you need ...  
ropes and a helmet.  
a guide and special equipment.  
ropes and special equipment.

- Zip-wiring is ...  
scary and difficult.  
easy and exciting.  
scary but exciting.
- Paris looks so beautiful ...  
at night.  
on television.  
in the photos.
- The Impressionist paintings are in ...  
the Louvre.  
the Musée D'Orsay.  
the Rodin Museum.
- The famous Rodin statue is called ...  
The Worker.  
The Thinker.  
The Philosopher.
- The girl is going to Paris for .....  
the weekend.  
4 days.  
5 days.
- She's going with ...  
her friend.  
her boyfriend.  
her family.

**II. Listen and choose the correct option to the sentences.**



10. Only about one tenth of the cells in your body are ...  
 alive.  
 really you.  
 bacteria.
11. Bacteria are mostly ...  
 really helpful.  
 bad for humans.  
 neither good nor bad.
12. Animals need bacteria to ...  
 fight diseases.  
 provide energy.  
 digest food.
13. You have \_\_\_\_\_ cells in your body.  
 7 million  
 7 trillion  
 7 octillion
14. Most of the atoms are ...  
 tiny cubes.  
 not used.  
 empty space.
15. You probably have mites in your ...  
 hair.  
 ears.  
 eyelashes.

❖ **Listen again write the word or number to fill the gaps.**

16. Only one tenth of the cells in your body are really you. The rest are \_\_\_\_\_.
17. An experiment found that animals that did not have bacteria \_\_\_\_\_ or had to have a special diet.
18. There are \_\_\_\_\_ octillion cells in the human body.
19. Most of the atoms in the human body are just empty \_\_\_\_\_.
20. Without the empty space, you could fit your body inside a box measuring \_\_\_\_\_ of a centimetre either side.
21. You would be much too small to \_\_\_\_\_.



III. **Listen and choose the answers.**

❖ **Are the sentences true or false?**



22. The Pomodoro Technique was invented in the 1980s.  
 True  
 False
23. Students and workers can use the technique.  
 True  
 False
24. The technique is a bit complicated to use.  
 True  
 False
25. You need to break down your tasks into smaller sections.  
 True  
 False
26. Each break is called a 'pomodoro'.  
 True  
 False
27. Peter uses an app on his mobile to time himself.  
 True  
 False
28. After four or five short breaks you can have a longer break.  
 True  
 False
29. Peter takes less time to do his homework these days.  
 True  
 False



❖ Listen again then complete in the gaps with the correct word from the box.

Timer      task      item      productivity      time      list

The Pomodoro Technique is designed to help people work effectively and avoid wasting(30) . It helps you to get the maximum (31)                      in the time you have. First you have to break down each (32)                      into steps. Then you use a (33)                      to organise your time into intensive work and breaks . You write a list of things you need to do, set the timer to twenty-five minutes and start working on the first (34)                      on your list. When the timer goes off you stop work for five minutes. Then you repeat these steps four or five times, ticking items off your (35)                      as you finish them. After a few short breaks you can take a longer break.

❖ Listen again then write the correct form of the word in brackets in the blanks.

36. It is important to find the most                      way of working. (effect)  
37. We can be more                      if we work together as a team. (product)  
38. Do you think that is a                      idea? (sense)  
39. I keep all my notes in                      folders. (separation)  
40. You can use a                      to help you cook the perfect boiled egg. (time)

The end!!!

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IF YOU ENJOY IT, YOU'RE  
ALREADY A SUCCESS**

JACK CANFIELD  
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