

Discuss with your classmates

1. Three good reasons to become a vegetarian or vegan.
2. Three reasons why people eat meat and other animal products such as dairy and eggs.
3. The challenges people may face when they give up meat or animal products.



- a. Food impact is an intricate situation to solve ☐
- b. Oily food is really gross ☐
- c. pasture is used for cows grazing ☐
- d. crops are grown with contaminated products ☐
- e. grazing animals like cows and sheeps are dangerous ☐
- f. food deserts are are dangerous now ☐
- g. The lack to a good intake of food is a big problem ☐
- h. Chemicals cause a huge environmental toll in water and other elements ☐

1. it is disgusting
2. a big piece of land
3. plants like corn
4. scarcity
5. limited access to fresh food
6. damage
7. eat grass
8. it is difficult



Tick some of the options

What is the Environmental Impact of Feeding the World?

- ☐ Agriculture and Crop 
- ☐ Pastures and land space
- ☐ Water
- ☐ Fast food
- ☐ Access to fresh affordable food
- ☐ Poor diets and other health problems

Complete the ideas

1. A way we interact with the environment is through F____ we eat and H _____ we grow it
2. Food production is a huge cause of E_____ C_____ and H___ destruction
3. Meat production requires _ / _ of agricultural land
4. It takes ____ gallons of water to produce 1 ____ of meat. It is ____ showers
5. Food deserts are U____ neighborhoods or R _____ towns. These areas are served by F____ restaurants and C____ stores
6. ____ pounds of food are wasted per P____ every month
7. If we don't take any actions we will face M____ environmental P_____.

Make the ideas true for you

1. The first thing I check on food is
Appearance / smell / taste
2. I like to eat butter, salt, and sugar because...
3. I have no problem regarding animal cruelty when it comes to food.
4. Humans are more important than animals
5. I choose carefully what I eat, but I don't check where things come from
6. I like cooking my own meal and sometimes I use non-healthy ingredients
7. Eating healthy is expensive
8. I prefer farmer's markets than supermarkets because ...
9. I have no problem eating meat products even when I know how much cows, pigs and chicken farms contaminate

Are you a healthy person?

Complete the survey with your own ideas to get information from your classmates

1. Do you drink...?
2. Have you ever eaten snake? Did you like it?
3. Is there something you refuse to eat?
4. What is your favorite...?
5. How often do you eat...?
6. What is your **least** favorite...?

