

Discuss with your classmates

1. Three good reasons to become a vegetarian or vegan.
2. Three reasons why people eat meat and other animal products such as dairy and eggs.
3. The challenges people may face when they give up meat or animal products.



a. Food impact is an intricate situation to solve <input type="checkbox"/>	1. it is disgusting
b. Oily food is really gross <input type="checkbox"/>	2. a big piece of land
c. pasture is used for cows grazing <input type="checkbox"/>	3. plants like corn
d. crops are grown with contaminated products <input type="checkbox"/>	4. scarcity
e. grazing animals like cows and sheeps are dangerous <input type="checkbox"/>	5. limited access to fresh food
f. food deserts are dangerous now <input type="checkbox"/>	6. damage
g. The lack to a good intake of food is a big problem <input type="checkbox"/>	7. eat grass
h. Chemicals cause a huge environmental toll in water and other elements <input type="checkbox"/>	8. it is difficult



Tick some of the options

What is the Environmental Impact of Feeding the World?

- Agriculture and Croplants 
- Pastures and land space
- Water
- Fast food
- Access to fresh afordable food
- Poor diets and other health problems

Complete the ideas

1. A way we interact with the environment is through F _____ we eat and H _____ we grow it
2. Food production is a huge cause of E _____ C _____ and H _____ destruction
3. Meat production requires _ / _ of agricultural land
4. It takes _____ gallons of water to produce 1 _____ of meat.
It is _____ showers
5. Food deserts are U _____ neighborhoods or R _____ towns. These areas are served by F _____ restaurants and C _____ stores
6. _____ pounds of food are wasted per P _____ every month
7. If we don't take any actions we will face M _____ environmental P _____.

Make the ideas true for you

1. The first thing I check on food is
Appearance / smell / taste
2. I like to eat butter, salt, and sugar because...
3. I have no problem regarding animal cruelty when it comes to food.
4. Humans are more important than animals
5. I choose carefully what I eat, but I don't check where things come from
6. I like cooking my own meal and sometimes I use non-healthy ingredients
7. Eating healthy is expensive
8. I prefer farmer's markets than supermarkets because ...
9. I have no problem eating meat products even when I know how much cows, pigs and chicken farms contaminate

Are you a healthy person?

Complete the survey with your own ideas to get information from your classmates

1. Do you drink...?
2. Have you ever eaten snake? Did you like it?
3. Is there something you refuse to eat?
4. What is your favorite...?
5. How often do you eat...?
6. What is your **least** favorite...?

