

## 5 READING & LISTENING

- a In your country, are there charity events to raise money for a good cause? Have you ever taken part in one? What did you do? How much money did you raise?
- b You're going to read an article about Helen Skelton, who agreed to kayak down the Amazon for charity. Read the introduction and answer the questions.
- 1 What did Helen do last year for charity?
  - 2 What is she hoping to do this year?
  - 3 What is dangerous about the trip?
  - 4 What experience does she have?
- c Before you read the texts of Helen's first three phone calls, imagine what kind of problems you think she had on her journey. Then read and check. Were you right?

- d **151** Read **Phone calls 1–3** again and complete the gaps with the correct word. Then listen and check.

- |               |               |             |
|---------------|---------------|-------------|
| 1 a in front  | b behind      | c back      |
| 2 a freezing  | b hot         | c boiling   |
| 3 a exhausted | b angry       | c lost      |
| 4 a down      | b up          | c over      |
| 5 a long      | b wide        | c short     |
| 6 a ice cream | b coffee      | c chocolate |
| 7 a sleep     | b paddle      | c rest      |
| 8 a boring    | b interesting | c worrying  |
| 9 a being     | b feel        | c feeling   |
| 10 a sick     | b well        | c hard      |

- e **152** Now listen to the rest of Helen's journey down the Amazon. Did she manage to finish?
- f Listen again. Then answer the questions.

### Phone call 4

- 1 Why hasn't she had any music for three days?
- 2 What does she do to pass the time?
- 3 Why didn't she celebrate reaching the halfway point?

### Phone call 5

- 4 What have been driving her mad this week?
- 5 What wildlife has she seen?
- 6 Why is she starting to feel a bit sad?

### The 6.00 news

- 7 How many kilometres did she do altogether?
- 8 How long did the journey take?
- 9 What did Helen miss?
- 10 What is the first thing she is going to do when she gets home?

- g Tell your partner about an adventure sport you've done, or an exciting experience you've had. Was it a positive experience? Why (not)? How did you feel?

## 6 VOCABULARY & PRONUNCIATION

### strong adjectives

#### Strong adjectives

Some adjectives have a strong meaning, e.g.

*I had to paddle against the current. I was **exhausted**! (= very tired)*

*I've had a **fantastic** time! (= very good)*

With strong adjectives you can use *absolutely* or *really*, but NOT *very*.  
*I've been suffering from the heat. It's **absolutely boiling**. NOT *very boiling*.*

#### a Complete the sentences with a normal adjective.

1 A Was Lisa's father *angry* about the car?

B Yes, he was **furious**!

2 A Is Oliver's flat \_\_\_\_\_?

B Yes, it's really **tiny** – just a bedroom and a sitting room.

3 A Are you \_\_\_\_\_ of flying?

B Yes, I'm **terrified**! I never fly anywhere.

4 A Was the food \_\_\_\_\_?

B Yes, it was **delicious**.

5 A Are you very \_\_\_\_\_?

B I'm **starving**! I haven't eaten all day.

6 A Is your parents' house \_\_\_\_\_?

B It's **enormous**. It has seven bedrooms.

7 A Was it \_\_\_\_\_ in Moscow?

B It was **freezing**! Minus 20 degrees.

8 A Was Jack's kitchen \_\_\_\_\_?

B It was **filthy**. It took us three hours to clean it.

9 A Are your parents \_\_\_\_\_ about the wedding?

B They're **delighted**. In fact, they want to pay for everything!

10 A Was the film \_\_\_\_\_?

B It was **hilarious**. We laughed the whole way through.

11 A Are you \_\_\_\_\_ you locked the door?

B I'm **positive**. I remember turning the key.

12 A Were you \_\_\_\_\_ to hear that Ted is getting married?

B I was absolutely **amazed**! I never thought it would happen.

#### b 153 Listen and check. How are the strong adjectives pronounced? Practise the dialogues in pairs.

#### c ► Communication Are you hungry? A p.104 B p.109.

#### d Ask and answer with a partner. Ask for more information.

1 Have you ever been swimming in a place where the water was absolutely freezing?

2 Is there anything that makes you furious about car drivers or cyclists in your country?

3 Are there any animals or insects that you're terrified of?

4 What's the most delicious meal you've had recently?

5 Is there a comedian or a comedy series on TV in your country that you think is absolutely hilarious?

## 7 WRITING

► p.114 Writing An informal email. Write an informal email to thank somebody you have been staying with and to tell them what you have been doing recently.