

## E7- UNIT 2- TEST 2 A

### I. Find the word which has a different sound in the part underlined.

1. A. knife                      B. of                      C. leaf                      D. life
2. A. although                      B. enough                      C. paragraph                      D. cough
3. A. junk                      B. sun                      C. put                      D. adult
4. A. headache                      B. architect                      C. chemical                      D. children
5. A. aerobics                      B. calories                      C. cycling                      D. doctor

### II. Choose the correct answer.

1. You can avoid some diseases by \_\_\_\_\_ yourself clean.  
A. keeping                      B. taking                      C. looking                      D. bringing
2. The Japanese eat a lot of fish instead of meat \_\_\_\_\_ they stay more healthy.  
A. but                      B. because                      C. although                      D. so
3. Rob eats a lot of fast food and he \_\_\_\_\_ on a lot of weight.  
A. takes                      B. puts                      C. spends                      D. brings
4. We need to spend less time \_\_\_\_\_ computer games.  
A. play                      B. to play                      C. playing                      D. to playing
5. Do more exercise \_\_\_\_\_ eat more fruit and vegetables.  
A. but                      B. or                      C. and                      D. so
6. After working on computers for long hours, you should \_\_\_\_\_ your eyes and relax.  
A. sleep                      B. sleep in                      C. wake                      D. rest
7. Watching too much television is not good \_\_\_\_\_ you or your eyes.  
A. with                      B. to                      C. at                      D. for
8. When you have flu, you may have a cough and a \_\_\_\_\_ nose.  
A. runny                      B. running                      C. flowing                      D. noisy
9. When you have a temperature, you should drink more water and rest \_\_\_\_\_.  
A. most                      B. more                      C. most                      D. less
10. I forgot to wear a sun hat today and I got a \_\_\_\_\_.  
A. stomachache                      B. earache                      C. backache                      D. headache
11. We should play sports or do exercise in order to stay in \_\_\_\_\_.  
A. look                      B. shape                      C. fit                      D. health
12. Don't eat that type of fish: you may have a/an \_\_\_\_\_.  
A. sick                      B. sore                      C. energy                      D. allergy
13. Do you believe that eating \_\_\_\_\_ carrots helps you see at night?  
A. much more                      B. less                      C. most                      D. the most

14. We should try to keep everything around US clean and then flu will find it \_\_\_\_\_ to spread.

- A. difficult      B. difficulty      C. difficultly      D. difficulties

15. Be careful with \_\_\_\_\_ you eat and drink.

- A. what      B. that      C. who      D. this

16. Eating a lot of junk food may lead to your \_\_\_\_\_.

- A. obesity      B. fitness      C. pain      D. stomachache

17. We should follow the advice from doctors and health \_\_\_\_\_ in order to keep fit.

- A. people      B. workers      C. managers      D. experts

18. Have a healthy \_\_\_\_\_ and you can enjoy your life.

- A. lives      B. lifestyle      C. lifeline      D. lively

19. The health \_\_\_\_\_ from that diet expert is that you should eat less junk food and count your calories if you are becoming fat.

- A. tip      B. tips      C. advices      D. ideas

20. The seafood I ate this morning makes me feel \_\_\_\_\_ all over.

- A. running      B. well      C. itchy      D. weak

**III. Fill in each blank the correct health problem from the box according to the description.**

*earache*

*flu*

*toothache*

*backache*

*headache*

*sore throat*

*cough*

*stomachache*

1. \_\_\_\_\_ : a pain caused by something being wrong with one of your teeth.
2. \_\_\_\_\_ : a pain in your back.
3. \_\_\_\_\_ : a very severe pain that you feel in your head.
4. \_\_\_\_\_ : pain in your stomach.
5. \_\_\_\_\_ : a pain in the inside part of your ear.
6. \_\_\_\_\_ : a problem which is like a very bad cold, but which causes a temperature.
7. \_\_\_\_\_ : a pain in your throat.
8. \_\_\_\_\_ : a health problem that you make a lot of loud sounds.

**IV. Look at the advice for a healthy lifestyle, and complete the sentences using *more* or *less*.**

1. Eat \_\_\_\_\_ sweet food.
2. Get \_\_\_\_\_ exercise.
3. Drink \_\_\_\_\_ coffee.
4. Eat \_\_\_\_\_ fast food.
5. Eat \_\_\_\_\_ fruit and vegetables.
6. Drink \_\_\_\_\_ water.
7. Smoke \_\_\_\_\_ and give it up.
8. Relax \_\_\_\_\_.
9. Worry \_\_\_\_\_ about things
10. Spend \_\_\_\_\_ time on computer games