

STAY IN SHAPE

1.- CORRECT THE FOLLOWING SENTENCES.

Can they coming to the movie next week?

My mother-in-law have to go shopping this afternoon.

My cousin can't plays soccer tomorrow.

Does he has to meet his niece at the airport?

We're going to the beach this weekend, but I no can swim.

Alex can to go out for dinner.

She doesn't have to working late tomorrow. She cans go out for dinner.

Can he visits his in-laws next weekend?

You have to filling out an application for your English classes.

Do we have to studying now? We're watching TV.



A Listen for main ideas Listen to people talking about their fitness and eating habits. Check the box if the person exercises regularly.



Jessica Miller



Juan Reyneri



Naomi Sato



B Listen for details Now listen again and circle the words that complete the statements.

Jessica Miller (walks / runs / swims) to stay in shape. She tries to avoid (fatty / salty / spicy) foods. She likes desserts, but she avoids (candy / chocolate / cookies). She always drinks a lot of (soda / juice / water).

To stay in shape, Juan Reyneri goes running and (does aerobics / lifts weights / goes swimming). He eats five or six (small / medium / large) meals each day. He usually avoids sodas and (chips / sweets / fries). He (often / occasionally / never) eats junk food.

Naomi Sato sometimes goes (walking / running / swimming). She doesn't have much time to (cook / exercise / eat). She eats (fish / meat / vegetables) once a week and lots of (soup / candy / salads).