

NAME :

CLASS :

# FORM 2 : UNIT 9 INTEGRATED SKILLS

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- Remember to take some **plasters** with you in case you get a blister on your foot from too much walking. Take some **antiseptic cream** too. Use it if you cut yourself by accident.
- Take a **bandage** if you are travelling to a country where there are snakes. If you get a snake bite on your arm or leg, wrap the bandage tightly around the bite.
- You should always put some **sun cream** on your skin before you go out in the sun so that you don't get sunburn.
- Do you always get mosquito bites in hot countries? Remember to take some **insect repellent** to spray over you when you go out at night.
- The heat can sometimes give you a headache. Put a box of **aspirins** in your suitcase and take one or two aspirins with a glass of water.
- Take some mints on holiday. Eat a mint if you feel sick when you are travelling.



## READ THE ADVICE AND ANSWER THE QUESTIONS.

- What should you put on a blister?
- What should you do if a snake bites you?
- What should you always wear in the sun?
- When should you use the insect repellent?
- What should you do if you get a headache?
- What should you do if you feel sick when you're travelling?

*wrap a bandage tightly around the bite*

*suncream*

*a plaster*

*eat a mint*

*take one or two aspirins with a glass of water*

*when you go out at night*

## LISTEN AND CHOOSE THE CORRECT ANSWER

- With this app, you can  
A) talk to a real doctor  
B) learn what to do in an emergency
- You can ...  
A) hear some advice.  
B) watch and listen to someone giving advice
- The girl once had a ...  
A) bee sting  
B) snake bite
- The app gives information about...  
A) different kind of medicine  
B) local chemists
- The boy is planning to go...  
A) camping  
B) mountain climbing