

Caring for Our Body

Fill in the blanks with the word in box

comb	brush	exercise
rest and sleep	bathe	

1. We _____ our teeth to be clean



2. We _____ so we have energy to work



3. We _____ to be healthy and strong.



4. We _____ our hair to be neat.



5. We _____ to keep our body clean.



Our meals

Fill in the blanks.

lunch breakfast three dinner



6



We eat _____ in the morning.



7



We eat _____ in the afternoon.



8



We eat _____ in the evening.

9. We must eat _____ meals every day.