



HOW OFTEN DO YOU...?

Ms. Diana



A. Write the correct habit to each picture.

drink water brush my teeth practice sports eat fish
eat healthy sleep eight hours wash my hands



B. Mark the frequency of your healthy habits or unhealthy habits. Then, write sentences.

How often do you...?	Always	Usually	Sometimes	Rarely	Never
1. eat vegetables			X		
2. play videogames					
3. drink soda					
4. brush your teeth					
5.					
6.					
7.					
8.					

Example:

1. *I sometimes eat vegetables.*

2. _____.

3. _____.

4. _____.

5. _____.

6. _____.

7. _____.

8. _____.

Interview a classmate and mark the answers.

Name:

How often do you...?	Always	Usually	Sometimes	Rarely	Never
1. eat vegetables					
2. play videogames					
3. drink soda					
4. brush your teeth					
5.					
6.					
7.					
8.					

Reporting information:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Write questions with **HOW OFTEN**. Answer with your real information.

1. How often do you _____?



2. _____?



3. _____?

