

Choose the picture which shows the healthy life.  
Pilih gambar yang menunjukkan gaya hidup sihat



Read and choose the correct answer.

### My Week

On Mondays I watch TV for two hours. I play football for one hour and I read for one hour.

On Tuesdays I watch TV for three hours. I don't do sport and I read for two hours.

On Wednesdays I watch TV for one hour. I play tennis for one hour and I read for one hour.

On Thursdays I don't watch TV. I swim for one hour and I read for two hours.

On Fridays I watch TV for two hours. I play football for one hour, but I don't read.

On Saturdays and Sundays I do nothing!

I do sport for

hours a week.

I watch TV for

hours a week.

I read for

hours a week.

MADAM MASNI IBRAHIM

Fill in the blanks with the correct answer.



1)	I _____ on Mondays.
2)	I _____ on Tuesdays.
3)	I _____ on Wednesdays.
4)	I _____ on Thursdays.
5)	I _____ on Fridays.
6)	I _____ on Saturdays.
7)	I _____ on Sundays.

watch tv	play the piano	play with my doll	play ball
play computer games	go swimming	ride my bike	