

Choose the picture which shows the healthy life.
Pilih gambar yang menunjukkan gaya hidup sihat



Read and choose the correct answer.

My Week

On Mondays I watch TV for two hours. I play football for one hour and I read for one hour.

On Tuesdays I watch TV for three hours. I don't do sport and I read for two hours.

On Wednesdays I watch TV for one hour. I play tennis for one hour and I read for one hour.

On Thursdays I don't watch TV. I swim for one hour and I read for two hours.

On Fridays I watch TV for two hours. I play football for one hour, but I don't read.

On Saturdays and Sundays I do nothing!

I do sport for hours a week.

I watch TV for hours a week.

I read for hours a week.

Fill in the blanks with the correct answer.



- 1) I _____ on Mondays.
- 2) I _____ on Tuesdays.
- 3) I _____ on Wednesdays.
- 4) I _____ on Thursdays.
- 5) I _____ on Fridays.
- 6) I _____ on Saturdays.
- 7) I _____ on Sundays.

watch tv	play the piano	play with my doll	play ball
play computer games	go swimming	ride my bike	