

# AIR POLLUTION

## What Can You Do?

Many places around the world have got problems with air pollution. **Power stations**, factories, lorries and cars are part of modern life. But their fumes make the air around them dirty. We have to **breathe** that air but sometimes it isn't safe. The places with the most air pollution are usually cities. Doctors say that city children have got weaker **lungs** than children from the countryside. And they think that thousands, probably millions, of children and old people die every year because of polluted air.



But you can help to stop air pollution.

### Here are some ideas:

#### 1 Walk or cycle to school

Lots of people think that driving is the safest way to get to school but they're wrong. Did you know air pollution is worse inside a car than outside on the street? Fumes from cars are one of the biggest causes of air pollution, too. Buses and trains are better than cars but the best way to travel is on foot or by bike. Choose the quietest streets, without much traffic. Cycling and walking keep you fit. They wake up your brain in the morning too, so you can get better grades at school!



#### 2 Switch off your gadgets

When you are not using computers, TVs and other **gadgets**, switch them off. And switch off the light when you leave a room too. This saves **electricity**, and power stations don't have to **burn** so much **fossil fuel**.



#### 3 Plant trees

Trees take some of the pollution out of the air. Can you plant a tree in your garden, your closest park or at school?



Together,  
let's protect our lungs  
and make our air fresh!

plant a tree

### Answer the questions.

- 1 What health problem do some children in cities have?
- 2 Does more air pollution go into the lungs of people in cars or people walking and cycling?

3 What can help you to get better grades at school?

4 What can we do to save electricity?

Drag and drop the pictures in the corresponding type of pollution they belong to.

<b>Air Pollution</b>		<b>Water Pollution</b>	
Volcanic Eruptions	Fires	Petroleum	Fertilizers
Smog	Industries	Garbage	Plastic
	Smoke	Sewage	

