SPM Listening Practice 2

Paper 4: Listening
[30 Marks]
[Time: 40 minutes]

Part 1 **7 marks**

Questions 1 to 7

You will hear people talking in seven different situations. For questions **1 to 7**, *choose the correct answer* (**A**, **B** or **C**).

You will hear each recording **twice**. *Answer all questions.*

1 People should wash their hands
- **A** before going out
- **B** with soap and water
- **C** after covering their nose and mouth

2 What does the newscaster say about the competition?
- **A** Each winner will receive 3,000 Euros.
- **B** The judges have selected three winners.
- **C** The competition is organised by Photo Shoots Studio.

3 The student could not go to school last week because
- **A** it was raining continuously for three days
- **B** a landslide had blocked the road going to her housing area
- **C** of the convenience of having online classes at her longhouse

4 What does the student say about his new phone?
- **A** His parents gave him the phone to play games.
- **B** The Novo phone is very popular among teenagers.
- **C** There are many useful features which help him to do his schoolwork.

5 The lady's ambition is to
- **A** get a stable job
- **B** open a flower shop
- **C** become a secretary

6 What does the man say about the children at present times?
- **A** Children cannot use their imagination.
- **B** Children do not know how to make a wooden plane.
- **C** Children today are lucky to have the chance to fly to many places.

7 The student did not catch any fish because
- **A** the weather was hot
- **B** he was not patient enough
- **C** he did not have enough bait

03 QRC BI F5 F.indd 23 12/24/20 12:52 PM
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Part 2 **8 marks**

Questions 8 to 15

You will hear Melissa Raymond talking about her career as an air stewardess. For questions **8 to 15**, *circle the correct answer* (**A, B** or **C**).

You will hear the recording **twice.** *Answer all questions.*

8 Why did Melissa choose to be an air stewardess?
- **A** She loves travelling by plane.
- **B** She intends to learn a new language.
- **C** She wants to gain new experiences in the countries she visits.

9 Melissa was accepted as a trainee
- **A** after she passed a difficult interview
- **B** after she completed a rigorous training course
- **C** after she applied for the post of a flight attendant

10 Why did Melissa learn swimming?
- **A** To go swimming in the countries she visits
- **B** To rescue people in emergency landing on water
- **C** To teach the passengers in emergency landing situations

11 Which training session did Melissa love the most?
- **A** Pacifying babies
- **B** Dealing with difficult passengers
- **C** Rescuing people in emergency landing on water

12 What difficulty does Melissa face after working for 16 hours straight and experiencing different time zones?
- **A** Fatigue
- **B** To play many roles
- **C** To remain calm and composed

13 Flight attendants need to have composure during emergencies to ensure
- **A** that the passengers behave well
- **B** that their colleagues do not panic
- **C** the passengers' safety and security

14 What should Melissa do when dealing with difficult passengers?
- **A** Remain tactful
- **B** Behave irrationally
- **C** Continue being stubborn

15 What are the requirements of a flight attendant?
- **A** Enjoy meeting people
- **B** Need to be an outgoing person
- **C** Need to be physically and mentally fit

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Part 3 **5 marks**

Questions 16 to 20

You will hear five short extracts in which teenagers are talking about the benefits of extra curricular activities. For questions **16 to 20**, *choose from the list* (**A to G**) *what each speaker says. Use the letters only once. There are two extra letters which you do not need to use.*

You will hear the recording **twice.** *Answer all the questions.*

A My confidence has soared after joining the competitions organised by this society.

B Joining a sports club has taught me sportsmanship.

C I learned to understand other people's situation and put myself in their shoes.

D I have learned ways to protect myself and those in danger.

E It has helped me to improve my academic performance.

F I learned to do many activities at the same time.

G Participating in outdoor activities has developed my leadership skills.

Speaker 1		**16**
Speaker 2		**17**
Speaker 3		**18**
Speaker 4		**19**
Speaker 5		**20**

03 QRC BI F5 F.indd 25 12/24/20 12:52 PM
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Part 4 **10 marks**

Questions 21 to 30

You will hear a student, Rani, talking about a fun way to de-stress. For questions **21 to 30**, *fill in the missing information in each numbered space.*

Use **NO MORE THAN ONE WORD** *for each space.*

You will hear each recording **twice**. *Answer all questions.*

Fun Way to De-stress

Rani wants to (**21**) _____ teenagers of a fun way to relieve stress. She stays in an apartment and the (**22**) _____ there are not allowed to keep cats or dogs in their homes. When Rani was doing her school assignment, she came across a video of a (**23**) _____ performing tricks. Since then, she started watching other videos of cute animals during her free time or when she was feeling (**24**) _____.

Rani believes students undergo a lot of stress with schoolwork, (**25**) _____ and co-curricular activities. In a British study, it was found that just by watching videos of cute animals, our level of (**26**) _____ could be reduced hence helping to improve mental and physical health. In the study, 19 participants showed a significant (**27**) _____ in stress levels in just about 30 minutes of watching cute animal videos. The experiment lasted 90 minutes. One of the animals shown in the videos were quokkas, an animal that is claimed to be the (**28**) _____ animal in the world. During the experiment, participants noticed that there was a (**29**) _____ in their blood pressure and heart rate. People of all (**30**) _____ including adults and the elderly can watch these videos as it is good for their health.

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03 QRC BI F5 F.indd 26 12/24/20 12:52 PM

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