



Come and join our lunchtime yoga class with experienced yoga teacher Divya Bridge!

When? Every Tuesday at 1.30 p.m.

Where? Meeting Room 7

How much? £10 for four 30-minute classes.

What to bring? Comfortable clothes. Divya will provide the yoga mats.

How to join? Write to Sam at Sam.Holden@example.com

We can only take a maximum of 20 in the room, so book now!

1. Sam Holden is the yoga teacher.

True False

2. The yoga class is once a week.

True False

3. The class is at lunchtime in room 7.

True False

4. You need to bring yoga mats to the class.

True False

5. The class can't take 22 people.

True False

6. You need to call Sam Holden if you want to join the class.

True False