PRE TEST FORM 1

PART 1

Question 1 to 8

Read the text carefully in each question. Choose the best answer **A**, **B** or **C**.

Dear Nichol,
Please stop by Malik Grocer on your way home from school. I need a carton of eggs and a packet of salt. Don't forget to buy milk for your breakfast cereal too.
The money is on the fridge.
See you this evening.

Love,
Mom

1 Nichol's mother is

A telling her to eat breakfast.

B asking her to buy some groceries.

C stopping by Malik Grocer.



2 The participants of the after-school activity will

A meet twice a week.

B draw and paint all day long.

C come together every Tuesday.

LIVEWORKSHEETS

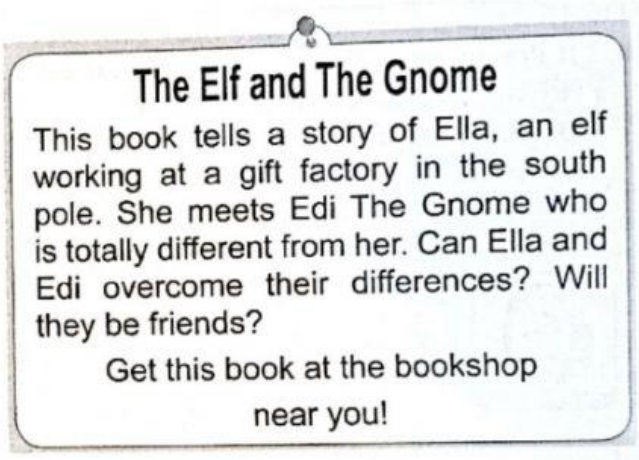


3 The advertisement above is probably for a

A plumbing service.

B cleaning service.

C car wash service.



4 The story is about

A searching for a true friend.

B enjoying time with your friend.

C overcoming differences.

LIVEWORKSHEETS



5 The florist in the advertisement

A must work daily.

B must be a woman.

C will work for 8 hours every day.

To : **pravin@gmail.com**
From : **yunyuan@gmail.com**
Subject : **Essay Writing Contest**

Hi Pravin,

Have you heard about the essay writing contest? We need to submit a 600-word essay on violence against women before Friday next week. The essay must be handwritten and wholly original. Let's start writing!

Regards,
Yun Yuan

6 If Pravin wants to join the contest, his essay

A must be more than 600 words.

B has to be written by hand.

C need to be submitted on Friday next week.

LIVEWORKSHEETS

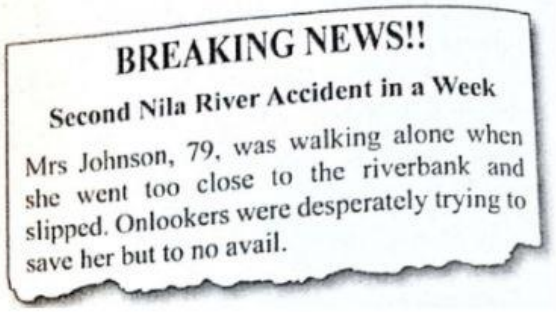


7 Vivian

A had a great time at the concert.

B was admired by Ariana.

C had witnessed an explosion at the concert.



8 The news says that

A people managed to save the victim.

B the victim was an elderly man.

C the victim slipped down the riverbank.

LIVEWORKSHEETS

PART 2

Read the text below and correct the underlined errors.
For each question, write the correct word in the space provided.

THE KOMPANG

The kompang is (**0**) an well-known Malay traditional instrument. Resembling the tambourine, kompang (**1**) had a narrow circular frame made of either the balau or nangka tree. The skin of either a cow (**2**) but a goat is often used and stretched over the frame, (**3**) make a wide, shallow instrument. Widely used for all types of occasions such as during National Day parade, at wedding ceremonies and even during events to welcome VIPs, the kompang playing tradition is carried on through ages. During a Malay wedding, the distinct drumming of the musical instrument (**4**) are a familiar sound signaling (**5**) an arrival of the bride and groom to the wedding venue. The kompang troupe will perform various songs until the couple has taken their seats at the wedding dais. In some schools in Malaysia, students (**6**) which choose music as one of (**7**) them elective subjects are exposed to the playing techniques of kompang and other traditional instruments to introduce them to Malaysian music. The aim is to ensure that this traditional (**8**) instruments is preserved for future generations to enjoy.

[8 *marks*]

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LIVEWORKSHEETS

PART 3

Read the text below and answer question 1 to 8.

The Types and Sources of Pollution

Pollution is one of the major crises facing the world today. As a responsible citizen, we should be aware of this problem and be familiar with the main types of pollution and their sources in order to do our part in minimising the harm.

One of the main types of pollution is air pollution. Manufacturing industries and vehicles release a large amount of harmful subtances such as carbon monoxide into the air thereby depleting the quality of air. People and animals experience a wide range of health effects from being exposed to air pollution. It can lead to irritation to skin or eyes while prolonged exposure to the pollutants may cause respiratory diseases.

Another type of harmful pollution is water pollution. It is one of the most lethal forms of pollution considering more than 85 percent of Earth is covered with water. Domestic, industrial and agricultural waste that contaminate our seas, rivers and lakes kill organisms that depend highly on these water bodies. It also promotes the spread of disease like cholera through polluted water.

Land pollution is another threat harming the Earth. Land pollution is anything that damages or contaminates the land. Illegal dumping remains the biggest contributor to the problem. The land when contaminated with toxic chemicals pose a serious thread to the environment and health.

Noise pollution is also the price that people are paying for urban development. It is an invisible danger comes from street traffic, construction activities, factories and airports, among others. The most common effects of noise pollution include hearing problems, sleep disturbances and stress-related diseases.

Environmental pollution is a serious problem facing humanity and other life forms on our planet today. Therefore, to ensure that the future generations will have a habitable planet to live in, we ought to be more aware of the negative elements affecting our surroundings.

LIVEWORKSHEETS

Complete the following table.

*Choose **no more than three words and / or a number** from the text for each answer.*

For each question, write your answer in the space provided.

Types of pollution	1 _____ water land 2 _____
Example of harmful substance released into the air	3 _____
Long-term effects of air pollution	4 _____
Examples of water bodies	5 _____ rivers lakes
Water-borne disease	6 _____
Cause of land pollution	7 _____
Effects of noise pollution	hearing problems stress-related diseases 8 _____

[8 *marks*]

LIVEWORKSHEETS

PART 4

Read the text and answer questions 1 to 10.

The Mental Benefits of Sports

Sports are often associated with physical health and fitness. However, recent studies have shown that playing sports can also improve our mental health. Physical activities can trigger brain chemicals that make us feel happier and more relaxed.

Team sports like football, volleyball and basketball in particular strengthen our social relationships. They give us the opportunity to catch up with our friends and meet new people. They teach us the importance of cooperating with others towards a common goal and how to deal with setbacks of losing a match.

Stress and depression can also be avoided by playing sports. While physically active, our mind will be distracted from any kind of negative thoughts hence reducing our stress level. Simultaneously, our body will produce natural mood lifters called endorphins which will make us feel relaxed and happy. Regardless of how many hours we spend doing sports, we always have a great time.

Having adequate sleep is important and much needed to have a healthy mind and body as sleep deprivation is known to cause a lot of negative effects. We can improve the quality of our sleep by doing sports or any other physical activities as it helps us to fall asleep quicker and have a sound sleep. Having adequate sleep improves our mental outlook and make us be more energetic the next day.

Self-confidence and self-esteem can also be boosted up by playing sports. Several researches have shown that sport participation contributes to positive development of mind and body leading to a higher self-confidence. Sports also provide us with a sense of mastery and control leading ourselves to the feeling of pride.

LIVEWORKSHEETS

Answer the questions below.

*Choose **no more than three words and / or a number** from the text for each answer.*

For each question, write your answer in the space provided.

1 Football, volleyball and basketballs are examples of _____ .

2 Participation in team sports improves our _____ .

3 Participating in sports distract us from _____.

4 Endorphins are _____ that make us feel relaxed and happy.

5 The quality of our sleep can be improved by _____ or any other physical activities.

6 Our _____ can be improved by having enough sleep.

LIVEWORKSHEETS