

HOMEWORK – 20-08

Exercise 1: Complete the sentences using the correct form of the phrase about the body in the box below.

Blood	heart	breath	brain	skull	lungs
spine	nerves		thinking	pump	

1. Possessing fresh _____ is really desirable when one has to do a lot of speaking.
2. _____ carries supplies needed for existence to every single cell in the body.
3. It is the _____ that controls all the organs in the body.
4. Despite the fact that it has almost nothing to do with sensations and feelings, the _____ is still considered the dwelling of love and emotions.
5. The _____ carry messages between your brain and the rest of your body.
6. Your biggest organ in the nervous system is protected in the _____
7. If you breathe in deeply, your _____ can expand to twice their normal size.
8. The row of bones down or along the middle of a human's or animal's back is called the _____
9. The heart can be said to be the most sophisticated and efficient _____ as it runs without rest for one's whole life.
10. The process of _____ is thought to be a human's property but research has shown that some animals do have this ability.

Exercise 2. Mark the letter A, B, C, or D to indicate the correct answer to each of the following questions.

11. The controller of the body is the _____ system. Led by the brain and nerves, it allows us to move, talk and feel emotions.
A. circulatory B. digestive C. nervous D. respiratory
12. _____ system of the body lets us break down the food we eat and turn it into energy.

A. Circulatory B. Digestive C. Nervous D. Respiratory

13. Skeletal system of the body is made up of our _____. It supports our body and protects our organs.

A. bones B. muscles C. nerves D. vessels

14. In under a minute, your ____ can pump blood to bring oxygen and nutrients to every cell in your body.

A. brain B. heart C. lungs D. vessels

15. The human ____ system is a series of organs responsible for taking in oxygen and expelling carbon dioxide.

A. circulatory B. digestive C. nervous D. respiratory

16. A healthy ____ between work and play ensures that everyone has a chance to enjoy their lives.

A. balance B. control C. equality D. share

17. He likes to ____ a nap for an hour when he arrives home from work.

A. do B. get C. make D. take

18. I've been a night owl ____ up late for years, hitting the sheets anytime between 12 and 3 a.m.

A. finishing B. getting C. staying D. waking

19. It's not too late to ____ your bad habits (smoking, drinking, overeating, etc.) and immediately start living a happier, healthier life.

A. get rid B. give on C. kick D. remember

20. If people breathe in deeply, their ____ can expand to twice their normal size.

A. hearts B. kidneys C. lungs D. stomachs

21. Some foods and spices may ____ your breath for days after a meal.

A. damage B. harm C. reduce D. spoil

22. Fish, poultry, beans or nuts ____ half of their dinner plate.

A. make of B. make out C. make up D. make up of

23. It's another name for the backbone. It is ____.

A. brain B. leg C. pump D. spine