HOMEWORK – 20-08

Exercise 1: Complete the sentences using the correct form of the phrase about the body in the box below.

Blood	**heart**	**breath**	**brain**	**skull**	**lungs**
spine	**nerves**	**thinking**	**pump**		

1. Possessing fresh _____ is really desirable when one has to do a lot of speaking.
2. _____ carries supplies needed for existence to every single cell in the body.
3. It is the _____ that controls all the organs in the body.
4. Despite the fact that it has almost nothing to do with sensations and feelings, the _____ is still considered the dwelling of love and emotions.
5. The _____ carry messages between your brain and the rest of your body.
6. Your biggest organ in the nervous system is protected in the _____
7. If you breathe in deeply, your _____ can expand to twice their normal size.
8. The row of bones down or along the middle of a human's or animal's back is called the _____
9. The heart can be said to be the most sophisticated and efficient _____ as it runs without rest for one's whole life.
10. The process of _____ is thought to be a human's property but research has shown that some animals do have this ability.

Exercise 2. Mark the letter A, B, C, or D to indicate the correct answer to each of the following questions.

11. The controller of the body is the ____ system. Led by the brain and nerves, it allows us to move, talk and feel emotions.

A. circulatory B. digestive C. nervous D. respiratory

12. ____ system of the body lets us break down the food we eat and turn it into energy.

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A. Circulatory B. Digestive C. Nervous D. Respiratory

13. Skeletal system of the body is made up of our ____. It supports our body and protects our organs.

A. bones B. museles C. nerves D. vessels

14. In under a minute, your ____ can pump blood to bring oxygen and nutrients to every cell in your body.

A. brain B. heart C. lungs D. vessels

15. The human ____ system is a series of organs responsible for taking in oxygen and expelling carbon dioxide.

A. circulatory B. digestive C. nervous D. respiratory

16. A healthy ____ between work and play ensures that everyone has a chance to enjoy their lives.

A. balance B. control C. equality D. share

17. He likes to ____ a nap for an hour when he arrives home from work.

A. do B. get C. make D. take

18. I've been a night owl ____ up late for years, hitting the sheets anytime between 12 and 3 a.m.

A. finishing B. getting C. staying D. waking

19. It's not too late to ____ your bad habits (smoking, drinking, overeating, etc.) and immediately start living a happier, healthier life.

A. get rid B. give on C. kick D. remember

20. If people breathe in deeply, their ____ can expand to twice their normal size.

A. hearts B. kidneys C. lungs D. stomachs

21. Some foods and spices may ____ your breath for days after a meal.

A. damage B. harm C. reduce D. spoil

22. Fish, poultry, beans or nuts ____ half of their dinner plate.

A. make of B. make out C. make up D. make up of

23. It's another name for the backbone. It is ____.

A. brain B. leg C. pump D. spine

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