Worksheet

Unit 3 (Go to sleep)

Name.....Class.....No.....

KEY VOCABULARY

Do you know these words? Match the words with the meanings.

____ 1. let's say	a.	begin to sleep
____ 2. normal	b.	a person who is 20 or 21 years old or older
____ 3. an average	c.	a person who is first to get an idea for something
____ 4. a teenager	d.	what you get when you add three numbers and divide the total by three
____ 5. an adult	e.	suppose; imagine; for example
____ 6. to fall asleep	f.	a person between 13 and 19 years old
____ 7. awake	g.	usual, ordinary
____ 8. an inventor	h.	not asleep

A Complete these sentences with the words in the box.

adult	awake	inventor	normal
average	fall asleep	let's say	teenager

1. After the age of 50, people sleep a(n) _____ of 6.5 hours a night.
2. _____ you don't sleep one day. How would you feel the next day?
3. Some people cannot _____. They call this problem *insomnia*.
4. A(n) _____ needs an average of 7 to 8 hours of sleep every day.
5. Benjamin Franklin was a(n) _____.
6. A(n) _____ needs 9 to 10 hours of sleep every day.
7. When you don't sleep one night, it takes weeks for your body to go back to _____.
8. When you don't sleep for a few hours at night, you think you were _____ all night.

LIVEWORKSHEETS