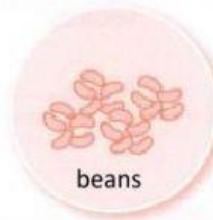
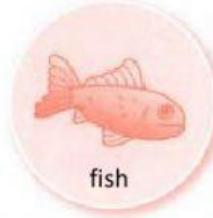


Exercise 2.1 Food groups

This exercise checks that you understand food groups.

Draw and label these foods in the right food group below.



The first one has been done for you.

Carbohydrate	Fruit and vegetables	Protein	Dairy	Fat and sugar
			cheese	