



WORKSHEET (BIOMOLECULES)  
GRADE 10 BIOLOGY

Name: \_\_\_\_\_  
Level: \_\_\_\_\_

Score: \_\_\_\_\_  
Date: \_\_\_\_\_

**A. TABLE COMPLETION:**

*Directions: Complete the table below about the Biomolecules of Life.*

Macromolecule	Elements	Building Blocks	Types	Importance (give at least 2-3)
	Carbon Hydrogen Oxygen	Sugar		
			Essential Protein Non- Essential Protein	
Nucleic Acid				
				1. makes up the plasma membrane of cells 2. energy storage 3. insulator of heat

