SM IMTIAZ DUNGUN

PAPER 1 – SPM 1119/1

PRACTICE PAPER

PART 1 SHORT TEXTS

Questions 1 to 8

Read the text carefully in each question. Choose the best answer **A**, **B** *or* **C**.

KLANG: Twenty-two children from two orphanages showed off their artistic skills and spirit of teamwork in a junior kite-making competition at a shopping mall here. Divided into 10 teams of two, the teenagers aged thirteen to fifteen used their creativity to create kites of unique colours and designs. With the tiger as the contest's requisite theme, they crafted their kite designs around it.

1 Based on the newspaper report, which of the following statements is true?

A The junior kite-making competition was open to all teenagers.
B The participants were from various orphanages in the country.
C The tiger was the main theme for this kite-making competition.

Dennis : Mum, I don't feel like going to see Uncle Bob today.
Mum : Why, Dennis? What's the matter?
Dennis : I feel tired and I have a headache.
Mum : Let me have a look at you. Your eyes are red and you seem to be under the weather. Let me check your temperature.

2 Which of the following statements is true about Dennis?

a. He is sick
b. He is weak
c. He is cold

There was a fatal accident along Jalan Rengas involving a cyclist and a motorcyclist. The motorcyclist lost control and rammed into the cyclist. The cyclist flew off his bike upon impact and landed in a ravine.

3 Which of the following statements is true?

A The motorcyclist was going very fast
B The motorcyclist was careless.
C One person was killed in the accident.

LIVEWORKSHEETS

My dearest Tina,

How are you? You have not written or called for some time. You must be very busy preparing for the end-of-term examination. We understand.

Actually, I am writing to wish you all the best in your coming examination. You have always been a conscientious student and I am sure you will do well.

Lots of love,
Mum

4 Which of these statements is true about the reason the letter was written?

A To ask Tina why she was so busy
B To encourage and motivate Tina
C To congratulate Tina for passing

Six Pillars of Character

COMPULSORY COURSE
for ALL students

Date: 13 November
Time: 8.00 a.m. to 12.00 p.m.
Venue: School Hall

5 Which of these statements is true about the advertisement?

A All students have to be punctual.
B All students must always be at the hall.
C All students must attend the course

RecycleMania is a friendly competition for degree-granting colleges to compete with one another in recycling-based contests. This year's RecycleMania will run from February 13 to April 13. Registration is due January 18.

The goal of RecycleMania is to increase awareness and involvement in recycling on campus while also promoting friendly competition among colleges.

6 Which of the following statements is true about RecycleMania?

A RecycleMania focuses on increasing awareness about recycling.
B RecycleMania is a competition for schoolchildren.
C Registration for RecycleMania will start on 18 January.

LIVEWORKSHEETS

Have you heard of the latest craze among children? Yes. It is none other than the fidget spinner. It is supposed to be a stress-relieving toy that helps people who have trouble focusing or are fidgety. Although they were invented in the 1990s, fidget spinners became a popular toy only in 2017. A basic fidget spinner consists of a bearing in the centre of the design and is made from any of a variety of materials including brass, stainless steel, titanium, copper and plastic.

7 Which of the following statements is true about a fidget spinner?

A It was a popular toy in the 1990s.

B It has a bearing made of plastic and stainless steel.

C It may help people who are stressed.

Genius is one percent inspiration and ninety-nine percent perspiration.

Thomas A. Edison

8 Which of these statements is true?

A To achieve something takes intelligence.

B Being a genius does not mean that you are intelligent.

C To be successful you have to work hard.

LIVEWORKSHEETS

PART 2 CLOZE TEXT

Read the text below and choose the **best** *word for each space.*

Mike Fay is a biologist and lived in central Africa for six years while working with the Wildlife Conservation Society.

He 1 actively involved in conservation projects in Africa and America, in particular the conservation of elephants in these 2. Fay has actually counted all the elephants that live in Chad, central Africa and has walked nearly 3,000 kilometres across North America. He spends so much time outdoors that he says he hasn't slept on a 3 bed in the last ten years.

Fay's life has been 4 but smooth-sailing. He survived a plane crash several years ago. He also faced a very angry elephant which eventually attacked him but 5, he survived to tell the tale. Another life-threatening 6 was when he contracted malaria which almost cost him his life.

Since Fay 7 a lot of time outdoors, he prefers to travel light. He usually 8 a T-shirt, a pair of shorts and his favourite sandals for all his trips. He also never fails to bring along his penknife, a lighter and a sleeping mat.

The best thing about Fay is that he wants to show people the beauty of our 9 and how precious it is. He hopes that people will care for the planet more. His conservation work, which eventually got 10 attention, has resulted in the number of elephant deaths in Chad falling significantly. In addition, his work has resulted in the government of Gabon working towards creating thirteen new national parks covering 26,000 square kilometres of forest.

(Text adapted from ngllife.com/content/resources)

1
- **A** is
- **B** are
- **C** was
- **D** were

2
- **A** states
- **B** nations
- **C** countries
- **D** territories

3
- **A** real
- **B** actual
- **C** proper
- **D** suitable

4
- **A** nothing
- **B** anything
- **C** something
- **D** everything

5
- **A** happily
- **B** favorably
- **C** thankfully
- **D** fortunately

6
- **A** event
- **B** affair
- **C** occasion
- **D** happening

7
- **A** uses
- **B** spends
- **C** takes up
- **D** occupies

8
- **A** bags
- **B** loads
- **C** packs
- **D** keeps

9
- **A** land
- **B** planet
- **C** countries
- **D** continents

10
- **A** public
- **B** people
- **C** persons
- **D** individuals

LIVEWORKSHEETS

PART 3: READING COMPREHENSION

You are going to read an extract from an article. For **questions 1 to 8**, *choose the correct answer (***A, B, C** or **D**).

"Don't lose yourself," the old, bedridden man said. I was five at the time, and my family was visiting him. I can't remember his name or how we knew him. But two decades later, his words haunted me as I struggled to come to terms with my life. For years, I had suffered from depression. The first incident I can remember happened when I was 14. As I walked home one day, I was overcome with the urge to sit in a corner and weep. I barely managed to reach our flat before bursting into tears. These overwhelming, unexplained feelings frightened me.

By the time I was 16, these outbursts were happening about once a month. Most of the time I lived my life normally, but then my mind seemed to take on a life of its own. Initially they happened for no reason, but now everything became a reason – a frown from a teacher, first prize for an essay, a long queue at a canteen stall. It didn't matter whether the incidents were happy, sad or indifferent, all would be twisted by my mind into something horrible.

One incident I recall vividly was a call from a friend. After we chatted for a while, she said she had to go because her mum was calling her. I spent the next two days agonising over whether she had hung up because she hated me. A little voice in my mind kept telling me how worthless, hopeless and stupid I was. I kept this a secret because I was scared and perplexed. I remember once trying to explain to my friend, Alice, what was happening to me but I couldn't find the right words to express myself and eventually gave up.

Not that my friends were completely unaware of my problems. More than once they tried to talk to me about my difficult home life. My father subjected my two younger sisters and me to terrible verbal abuse and my mother did little to support us. I now realise my family problems were a major factor in my depression, but at the time I denied anything was wrong.

When I was 17, I concluded that the only way to stop my suffering was simply not to feel anything. This wasn't difficult because I was overwhelmed with my studies, two part-time jobs and looking after my sisters. I had no time to think, much less feel. At first, the numbness was a huge relief from the mood swings, but it wasn't long before I realised that there was a vast emptiness in my heart. I could feel no emotions. It got to a point where I would cut myself just to feel something.

I had become afraid of being by myself. I felt as if I was being chased by a black hole that would swallow me whole. Finally, when I was 25, I decided that I had to end my life. Fortunately, I never got the chance. That night, I bumped into my 16-year-old sister, Isabella outside my room. Her eyes were swollen and she was sobbing. "I don't know why. I can't make the crying go away," she said. I was horrified. I knew that depression could be hereditary. This incident **jolted me to my senses**. The desire to help Isabella prompted me to help myself.

I called my best friend, Kath. I told her everything and on her insistence, I visited a Family Service Centre and arranged to start counselling. I also joined a support group and started reading self-help books. More importantly, I made a decision to get out of depression. I forced myself to make new friends. I also convinced Isabella to start counselling and made her come out with my friends and me instead of being cooped up at home. Today, two years later, she is much better. She is taking a pre- university course and has a circle of supportive friends.

Depression is neither a choice nor a bad mood you can snap out of. It is an illness with an underlying cause. But no matter how much other people try to help, only the victims can help themselves get better. My depressive bouts haven't disappeared, but they are less frequent and less intense. It has not been easy to share my feelings, but it's getting easier all the time. And the best part is, I have been able to help Isabella. I did lose myself, but I managed to find myself again.

(Adapted from:

http://www.rdasia.com/findking-myself)

LIVEWORKSHEETS

1 Paragraph 1, when did the writer begin to suffer from depression?
- **A** When she was 16 years old and suffering monthly outbursts
- **B** When she was 5 years old while visiting an old bedridden man
- **C** When she was 25 years old and struggling to understand her life
- **D** When she was 14 and had the urge to cry on her way home from school

2 In paragraph 3, how did the writer feel after a phone call from a friend?
- **A** She felt scared and perplexed.
- **B** She felt sad and hated herself.
- **C** She felt worthless, hopeless and stupid.
- **D** She felt worthless and wanted to give up.

3 In paragraph 4, what was the main cause of the writer's depression?
- **A** Family problems
- **B** Difficult home life
- **C** Unsupportive mother
- **D** Verbal abuse from her father

4 In paragraph 5, what was the effect when the writer was too busy with her studies?
- **A** She had mood swings.
- **B** She felt very empty in her heart.
- **C** She could not feel any emotions.
- **D** She had to cut herself to feel something.

5 In paragraph 6, why did the writer use the phrase '*jolted to my senses*'?
- **A** She was taken aback by Isabella's depressive situation.
- **B** She realised that she had to help herself to help Isabella.
- **C** She was surprised to find Isabella crying outside her room.
- **D** She had to end her life to stop being afraid of a black hole.

6 Why did the writer decide to get help for her depression?
- **A** She finally accepted her illness.
- **B** Her friend advised her to seek help.
- **C** She wanted to be able to help her sister.
- **D** She wanted to socialise with her friends.

7 How does the writer feel about her struggles with depression?
- **A** She was glad that she was able to manage her illness.
- **B** She was relieved that her depression had disappeared.
- **C** She was happy that Isabella is coping well with her illness.
- **D** She was sad that she had no choice but to accept her illness.

8 What is the benefit of sharing one's feelings when one is depressed?
- **A** One will be able to be cured from depression.
- **B** By sharing emotions, one can release anxiety.
- **C** By sharing feelings, one can get more friends.
- **D** One can know how to react to the feelings expressed.

LIVEWORKSHEETS

PART 4: GAPPED TEXT

*You are going to read a passage about the Titanic. Six sentences have been removed from the article. Choose from the sentences **A to H** the one which fits each gap **(1 to 6)**. There are two extra sentences which you do not need to use.*

On 15 April, 1912, the largest passenger steamship ever built, appropriately named Titanic, sank in the North Atlantic Ocean after hitting an iceberg. Titanic had left Southampton, England, five days earlier. **(1)**___.

In 1985, National Geographic Explorer-in-Residence Dr Robert Ballard located the wreck of Titanic using a new deep sea underwater robot craft called Argo. **(2)**___. Earlier, he had asked the US Navy to finance Argo and they only agreed if he used it to find two US nuclear submarines that had disappeared in the 1960s.

When Ballard and his team realised they had found Titanic, they jumped for joy. Then they realised they were celebrating something where people had died. **(3)**____. Ballard recalls, "I saw champagne bottles, intact, with the corks still in. The box holding the bottles had disappeared long ago. **(4)**___. Nearby I saw a pair of smaller shoes that had perhaps belonged to a child. I felt that the people who had died here in 1912 were speaking to me again."

In 2004, Ballard went back to Titanic to see how it had changed. By then he knew that a private salvage company had legally removed thousands of objects from the site. A Russian submarine had taken Hollywood

filmmaker James Cameron to the wreck. A New York couple had even got married on Titanic's bow. **(5)**___. He'd asked people to treat Titanic's remains with dignity. **(6)**_. "The story of Titanic is not about the ship, it's about the people," he said.

(Text adapted from Intermediate Reading texts online https://www.ngllife.com/content/reading-texts-word)

A	So they stopped work and held a memorial service.
B	It was exactly what he didn't want to happen.
C	It was her maiden voyage and her last.
D	James Cameron's film Titanic was a box-office hit.
E	Suddenly, my eye was drawn to a woman's shoe.
F	I realised so many people had died.
G	Instead, they'd turned her into a freak show.
H	He was in fact on a secret mission for the US Navy when he found Titanic.

LIVEWORKSHEETS

PART 5: INFORMATION TRANSFER

We found out from the Chinese horoscope how the year in which a person was born influenced his or her characteristics. Read the texts below and answer the questions that follow.

Chinese Horoscopes

The Chinese horoscope has evolved over thousands of years and the characteristics you have are determined by the year in which you were born. Here are some Chinese horoscopes.

A – RAT

People born in the Year of the Rat are instinctive, acute and alert in nature which makes them brilliant businessmen. They can always react properly before the worst circumstances take place. They are also sophisticated and popular in social interaction. They are sanguine and very adaptable, being popular with others.

B – RABBIT

People of the Chinese zodiac Rabbit sign usually impress others with an image of tenderness, grace and sensitivity. They are romantic in relationships, having a high demand in life quality. They avoid arguing with others, and have a capability of converting an enemy into a friend. They are homebodies and hospitable, and like house fitting-up. They can work with speed and efficiency, do not insist nor get angry easily. But they also like hesitating, which makes them lose many chances.

C – TIGER

In most cases, people with the Chinese Tiger zodiac are powerful, independent, confident and brave. They have a strong sense of errantry, being frank and easy to win others' trust. In their middle age, their fate may be uneven, but after hardships, they will enjoy a bright prospect. They are also likely to be dogmatic and like showing off when accomplishing something.

D – DRAGON

People with the Chinese Dragon zodiac sign are usually a group of people who are lively, intellectual and excitable. They can clearly tell right from wrong. They are upright and frank. However, they are also a bit arrogant and impatient. Female Dragons tend to be overly confident. They hate hypocrisy, gossip and slander. They are not afraid of difficulties but hate to be used or controlled by others.

E – SNAKE

Usually, people regard snakes as cunning and sly creatures, which like hanging out in darkness. In fact, this animal is also a symbol of wisdom and wit. Therefore, people with this Chinese zodiac sign are sensitive and humorous, and most of them are gifted in literature and art, such as Goethe and Picasso. Suspicion is their weakness, which makes them hesitant and a bit paranoid.

F – SHEEP

People born in the Year of the Sheep are tender, polite, filial, clever and kind-hearted. They have special sensitivity to art and beauty and a special fondness for quiet living. They are wise, gentle and compassionate and can cope with business cautiously and circumspectly. In their daily life, they try to be economical. They are willing to take good care of others, and avoid pessimism and hesitation.

LIVEWORKSHEETS

Questions 1 to 4

Which paragraph **(A – F)** *describes the characteristics of a person influenced by the year they were born?*

No.	Description	Zodiac Sign
1	They sometimes like to sing their own praises.	
2	They know how to turn a foe into a friend.	
3	They appreciate art and beauty and like quiet living.	
4	They are uncertain and a little distrustful due to being too suspicious.	

Questions 5 to 8

Complete the notes below using the information from the text. Choose ***no more than one word*** *from the passage for each answer.*

What We Know About the Chinese Horoscope

5 Dragons are not scared of _____.

6 Rats can always _____ properly before the worst situation occurs.

7 Tigers will experience bright prospects after _____.

8 Rabbits lose many opportunities because of _____