

ENGLISH LANGUAGE YEAR 4

UNIT 5 : EATING RIGHT

Exercise A

Group the food by dragging the word onto the correct boxes.

orange	carrot	beef	milk	turkey	yoghurt
prawn	fish	cheese	beans	pasta	guava
banana	bread	cereal	chicken	crab	broccoli

Meat	Seafood	Dairy product	Vegetable	Fruit	Grain
1	4	7	10	13	16
2	5	8	11	14	17
3	6	9	12	15	18

Exercise B

Some of the habits below are healthy while some are unhealthy.
Group them into the correct boxes.

not skipping meals	eat junk food	sleep eight hours a day
drink little water	exercise regularly	eat less vegetable

Healthy Habit	Unhealthy Habit
1	4
2	5
3	6