













HEAT

COOK



Ingredients:

- 2 aubergines
- 4 small courgettes
- 2 red peppers
- 4 tomatoes
- 4 tsp olive oil
- 2 onions
- 2 garlic
- 1/2 tsp sugar
- salt and black pepper
- Basil

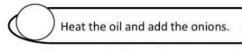




- 1. Cut the ingredients into quarters, and then cut the quarters into slices.
- 2. Heat the oil in a casserole and add the onions. Cook for 8-10 minutes.
- 3. Add the aubergines and courgettes and cook for 2-3 minutes.
- 4. Add the peppers, garlic, sugar, some salt, pepper, and the basil and mix well. Cover and cook for 20 minutes.
- 5. Add the tomatoes to the pan and cook for 10 minutes.



Reorder the steps to prepare the recipe:







Add the aubergine and courgettes.



Cut the ingredients





Add the tomatoes and cook for 10 minutes

