Growing and Changing

1. Arrange the pictures in the right order to show human growth from the beginning. Label each stage of growth.



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2. For each stage of life, humans have different abilities. Label each stages with their abilities.

Baby	Toddler
Child	**Teenager**
Adult	**Elderly**

• Learning lots of skills. • Baby teeth falling out. • Feet and body growing. • Getting bigger, stronger and smarter.	• Not as strong as they were. • Joints and muscles might ache. • Grey or white hair. • Soft skin and wrinkles.
• Likes to try things on their own. • Eats a lot as they are growing very fast. • Might be moody or have spots. • New hormones to help them grow and change.	• Fully grown. • Can take care of themselves. • Might start a family of their own. • Need to exercise and eat well.
• Born helpless. • Can only drink milk. • Must be kept clean and warm. • Likes to be cuddled and held.	• Starting to walk and talk. • Wobbly on their feet. • Starting to try different food. • Needs lots of love and care.

3. What do grown-ups need to do to take care of a baby? Give 2 answers.

(a) .....

(b) .....

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4. How do grown-ups take care of toddlers? Give 2 answers.

   (a) .....

   (b) .....

5. What changes are happening to a growing child? Give 2 answers.

   (a) .....

   (b) .....

6. How can you tell someone is already a teenager?

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7. How are elderly people different from young adults?

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