

2ND GRADE - SCIENCE

BONES & MUSCLES

INTERACTIVE WORKSHEET 02

I. Who am I?

Skeleton

Bones

Joint

Muscles

1. I am the hard part of the body.
2. I am the soft part of the body.
3. I am a framework of bones.
4. I am the place where two bones meet.

II. Posture

Walking

Shoulders

Standing

feet

Straight

high

1. We should not bend our
2. Our back should be
3. We should keep our back straight while
4. We should place the weight of our body evenly on our
5. We need to hold our head
6. We should swing our hands freely while



AIMS-INDIA

