

Lesson C Vocabulary and Grammar 

A Complete each sentence with a word from the box.

balance
speed

commitment
stamina

communication
strength

leadership
teamwork

1. I'm not sure that _____ between the team and the coach is very good.
2. The individual players are average, but they keep winning because of their great _____.
3. To compete at a high level, you need _____ and many hours of training every day.
4. Running a marathon requires a lot of _____.
5. Gymnasts needs great _____ to be able to jump and not fall when they land.
6. After that terrible first half, it took the team a lot of _____ of character to win the game.
7. Both teams were angry, but both captains showed great _____, and everybody behaved well.
8. I don't know how someone as tall as Usain Bolt can possibly run at that _____.

B Complete the school principal's award ceremony speech with the words from A.

Thank you all very much for coming, and welcome to all the parents here. Today we celebrate yet another district championship title for our school's girls' soccer team. Team, we are very proud of you. Each of you has shown great (1) _____ by never missing one practice, and under your captain's (2) _____, you have proved that (3) _____ matters even more than individual brilliance. (4) _____ within the team is so good that sometimes it looks like they can read each other's minds, doesn't it? It's been a long season that has tested our players' (5) _____, and we all feared the worst when in the final, Sharma, our fantastic goalkeeper, lost her (6) _____ and fell badly on one foot. But that's when all that training paid off: the (7) _____ of her muscles kept the ankle from twisting, she was back in goal in no time, and everybody started breathing again. And then we stopped breathing once more ten minutes later when six—six!—of our players ran at amazing (8) _____, beat the opposition's defense, and scored the winning goal. What a moment that was! So, thank you, team, for making us proud. Please give our wonderful team a round of applause.

C Complete each sentence with a relative pronoun. If two pronouns are possible, write both.

1. That's the player _____ was sent off after five minutes.
2. He scored the point _____ changed everything.
3. She's the girl _____ parents could not attend the ceremony.
4. I like movies _____ tell stories about great sportspeople.
5. Will there ever be an athlete _____ can run faster than Usain Bolt?
6. This is the stadium _____ was built for the Olympic games.