

TRADITIONAL FOOD IN SPAIN

Spanish cuisine is one of the most important in the world. I'm sure that you know that the Mediterranean diet is healthy and tasty.

Two of the most famous and traditional food in Spain are:

Potatoes Omelette
"Tortilla Española"



Jamón Serrano



In Spain we have different traditional meals:

Paella, in which the main ingredient is rice, and we can eat a delicious paella in Valencian Community.



Cocido, that is a soup made with vegetables, different types of meat and chickpeas. It comes from Madrid and Cantabria.



In Asturias we can taste a delicious **fabada**, made with cooked beans and other ingredients.



We can eat the best **octopus** in Galicia.



1. Can you write the place where you can eat these meals?

