Listen to this interview with a psychologist and decide if these sentences are true (T) or false (F).

1. Nomophobia is when people are afraid to use their cell phone.
2. Over 50% of adults have this problem.
3. If you have this problem, you don't like to check your phone very often.
4. This problem can be dangerous to other people.
5. If you have this problem, you should talk to your family or friends so they can help you.
6. Everyone should make some rules about when and where they use or don't use their phones.

LIVEWORKSHEETS