

Day: _____

Date: _____

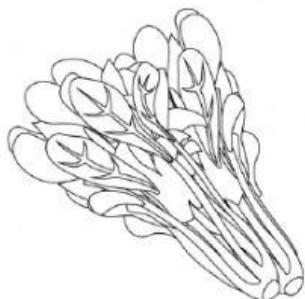
STAYING HEALTHY - HEALTHY FOOD

A. Fill in the blanks with the correct answer.

sports	healthy	hot	water
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1. We need to eat lots of _____ food to stay healthy.
2. We also need to drink lots of _____ every day to stay healthy.
3. We must drink more water after playing _____ and on _____ days.

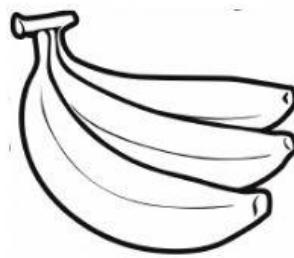
B. Choose the correct answer.



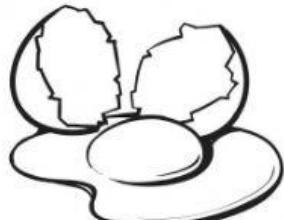
mustard green



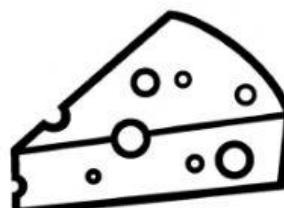
ice cream



banana



egg



cheese



doughnut