



Spotlight 8

Listening Task 8123

For each question, choose the correct answer.

You will hear an interview with a woman called Vicky Prince, a champion swimmer who now works as a swimming coach.

- 1. Vicky first went in for competitions because _____**
 1. she had joined a swimming club.
 2. her swimming teacher encouraged her.
 3. her parents were keen on swimming.
- 2. As a teenager, Vicky's training involved _____**
 1. going without meals during the day.
 2. travelling to a pool once a day.
 3. exercising on land as well as in the water.
- 3. What did Vicky find hard about her training programme?**
 1. She lost some of her friends.
 2. She couldn't go on school trips.
 3. She missed lots of parties.
- 4. What helped Vicky to do well in the national finals?**
 1. She was not expected to win.
 2. She trained harder than usual.
 3. She wanted to take a cup home.
- 5. As a swimming coach, Vicky thinks she's best at teaching people _____**
 1. to improve their technique.
 2. to get swimming qualifications.
 3. to deal with failure.
- 6. Why has Vicky started doing long-distance swimming?**
 1. She needed to get fit again.
 2. She wanted to do some travelling.
 3. She thought it would be fun.

