



For each question, choose the correct answer.

You will hear an interview with a woman called Vicky Prince, a champion swimmer who now works as a swimming coach.

1. Vicky first went in for competitions because _____

1. she had joined a swimming club.
2. her swimming teacher encouraged her.
3. her parents were keen on swimming.

2. As a teenager, Vicky's training involved _____

1. going without meals during the day.
2. travelling to a pool once a day.
3. exercising on land as well as in the water.

3. What did Vicky find hard about her training programme?

1. She lost some of her friends.
2. She couldn't go on school trips.
3. She missed lots of parties.

4. What helped Vicky to do well in the national finals?

1. She was not expected to win.
2. She trained harder than usual.
3. She wanted to take a cup home.

5. As a swimming coach, Vicky thinks she's best at teaching people _____

1. to improve their technique.
2. to get swimming qualifications.
3. to deal with failure.

6. Why has Vicky started doing long-distance swimming?

1. She needed to get fit again.
2. She wanted to do some travelling.
3. She thought it would be fun.

