2 Days

VOCABULARY • Daily routines

I can talk about my daily routine.

Extra listening and speaking p93
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Culture p107
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STUDENT'S BOOK PAGE 23

PBD 4.2.4, 2.3.1

sometimes never always
usually often normally

RULES

Adverbs of frequency come …
1 before / after the verb *be*.
2 before / after other verbs.

e.g. I get up at 7.30 a.m.
I *never* get up at 7.30 a.m.

verb
Adverb of frequency
verb

6 **Read sentences 1–9 in *My Daily Routine*. Then rewrite the sentences with an adverb of frequency so that they are true for you.**

I usually get up at 7.30 a.m.

My Daily Routine

1 I get up at 7.30 a.m.
I _____ get up at 7.30 a.m.

2 I have a big breakfast.
I _____ have a big breakfast.

3 I do my homework in the morning.
I _____ do my homework in the morning.

4 I go to school by bike or on foot.
I _____ go to school by bike or on foot.

5 I watch TV after school.
I _____ watch TV after school.

6 I'm on the sofa all day.
I'm _____ on the sofa all day.

7 I help with the housework.
I _____ help with the housework.

8 I chat online after dinner.
I _____ chat online after dinner.

9 I'm in bed before 10 p.m.
I'm _____ in bed before 10 p.m.

LIVEWORKSHEETS

WORKBOOK PAGE 21

Adverbs of frequency

1 ★★ **Order the words to make sentences.**

sometimes / watch / videos / We

We sometimes watch videos.

1 football / plays / Robert / never

.....

2 friendly / They / always / are

.....

3 my / normally / homework / I / do

.....

4 often / Marina and Julia / late / are

.....

5 dinner / usually / have / We

.....

6 class / your / Is / quiet / often / ?

.....

LIVEWORKSHEETS