

E7-UNIT 2- TEST 1A

II. Find the word which has a different sound in the underlined part.

1. A. coordinate	B. triathlon	C. <u>allergy</u>	D. <u>calorie</u>
2. A. leaf	B. life	C. knife	D. of
3. A. monopoly	B. melody	C. compound	D. concentrate
4. A. paragraph	B. cough	C. although	D. enough
5. A. vegetarian	B. depression	C. essential	D. attention

III. Choose the best one (A, B, C or D) to complete the sentence.

1. You should eat a lot of fruits and vegetables because they _____ vitamin A, which is good for the eyes.

A. run B. take C. provide D. get

2. The health _____ from that diet expert is that you should eat less junk food and count your calories if you are becoming fat.

A. advices B. ideas C. tip D. tips

3. The seafood I ate this morning makes me feel _____ all over.

A. itchy B. weak C. running D. well

4. If you want to be fit, stay outdoors more and do more _____ activities.

A. physics B. physic C. physical D. physically

5. Do more exercise _____ eat more fruit and vegetables.

A. and B. so C. but D. although

6. After working in computer for long hours, you should _____ your eyes and relax.

A. wake B. rest C. sleep D. sleep in

7. Eat less high-fat foods to keep you from _____ fat.

A. gaining B. reducing C. getting D. rising

8. We should follow the advice from doctors and health _____ in order to keep fit.

A. managers B. experts C. people D. workers

9. Have a healthy _____ and you can enjoy your life.

A. lifeline B. lively C. lives D. lifestyle

10. They go _____ outside even when it's cold.

A. swim B. swiming C. swimming D. swam

11. Rob eats a lot of fast food and he _____ on a lot of weight.

A. spends B. brings C. takes D. puts

12. We need to spend less time _____ computer games.

A. playing B. to playing C. play D. to play

13. To prevent _____, you should eat a lot of garlic and keep your body warm.

A. cold B. Mumps C. flu D. headache

14. Be careful with _____ you eat and drink.

A. who B. this C. what D. that

15. Eating a lot of junk food may lead to your _____.

A. pain B. stomachache C. obesity D. fitness

IV. Fill in the blank with a suitable word in the box.

allergy toothache suffer worse
tired bad flu sick

1. Some people have a very _____ habit in littering in public.
2. People who live in a dusty area often _____ on diseases.
3. Julia has a headache, and she feels _____.
4. I have an _____, so I choose food and drink very carefully.
5. You should spend less time playing computer games, or your eyes will be _____.
6. Tom feel _____, but he doesn't go to bed early.
7. Trung eats too many sweets so he has _____.
8. In prevent _____, we should keep our hands clean, our feet warm.

V. Look at the advice for a healthy lifestyle, and complete the sentences using *more* or *less*.

1. You have toothache. Eat _____ candy.
2. Get up early and do _____ exercise.
3. The examination is coming. Watch _____ TV.
4. Watch _____ television and you can protect your eyes.
5. You look tired, sleep _____.
6. She should eat _____ fast food.
7. You are putting on weight. Eat _____ fast food.
8. I will spend _____ time on computer games.
9. You have a cough. Drink _____ warm water.
10. We should eat _____ junk food and eat _____ fruit and vegetables.

VI. Fill in each blank with the correct conjunction: *if, so, and, but, or, when*.

1. Do more exercise _____ you want to lose weight.
2. I have a lot of homework to do this evening, _____ I don't have time to _____ watch the football match.
3. Eat more vegetables, _____ you will feel healthier.
4. Take up a new hobby _____ you'll have some new friends.

5. Eat more fish, _____ you will be smarter.
6. He has toothache _____ he still eats a lot of sweets and cakes.
7. Try to talk less _____ you have a sore throat.
8. Smoke less _____ give it up.
9. Sunbathe less, _____ you'll get sunburnt.
10. If you spend less time on computer games _____ television programmes, you will have more time for outdoor activities.