

**Bài 7: Hoàn thành các câu sau bằng cách điền cụm từ thích hợp dưới đây vào chỗ trống.**

Prepare more	Talk less	Drink more	Study more
Drink less	Talk more	Plant more	Go out more

- \_\_\_\_\_ cakes because many people will come to our party.
- You are so talkative. \_\_\_\_\_ and listen more.
- It is a difficult subject. \_\_\_\_\_ or you may fail.
- Why are you so quiet? \_\_\_\_\_. Everyone here is friendly.
- \_\_\_\_\_ pure water and your body will function better.
- \_\_\_\_\_ with friends and you won't be bored.
- \_\_\_\_\_ trees to make your neighborhood greener.
- \_\_\_\_\_ wine or you will have a headache.

**Bài 8: Dùng câu mệnh lệnh với “more/less” để đưa ra lời khuyên về sức khỏe.**

Jim is getting fat. He eats a lot of fast food every day.

*Eat less fast food.*

- Your father smokes several cigarettes a day. It is very harmful to his lungs.  
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- Jane stays up too late. She is always sleepy.  
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- Maria takes in a lot of sugar every day. She may suffer from diabetes  
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- He spends too much time on computer. He will soon be very short-sighted  
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- Mary likes drinking cold water. She may have sore throat.  
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- Your friend always eat raw food. She will have an upset stomach.  
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- Louis works too much. He doesn't relax much. He is very weak and tired.  
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- Jay always look tired. He doesn't exercise enough.  
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