

**C Circle the odd ones out.**

- |              |          |          |
|--------------|----------|----------|
| 1 survive    | die      | live     |
| 2 give up    | carry on | continue |
| 3 get better | get well | get on   |

- |             |         |           |
|-------------|---------|-----------|
| 4 deal with | panic   | cope with |
| 5 go along  | go away | disappear |
| 6 injure    | hurt    | help      |

**D Choose the correct answers.**

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|---------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| 1 If I _____ this expedition, I'll never go on another adventure!<br>a survive      b die      c live         | 5 Helen had been swimming for years, so she _____ well when she fell from the boat.<br>a lived      b helped      c coped |
| 2 It was so cold we had to _____ and go home.<br>a get on      b give up      c deal with                     | 6 If you don't want to get lost, don't _____ from the group.<br>a go away      b get on      c carry on                   |
| 3 Practice, practice and more practice! Then you'll _____.<br>a go along      b get well      c get better    | 7 Many climbers _____ their backs.<br>a panic      b deal with      c injure                                              |
| 4 She had been very badly _____ and doctors didn't expect her to live.<br>a hurt      b injure      c survive | 8 The divers were calm and didn't _____ when they saw the sharks.<br>a go along      b carry on      c panic              |



**Ideas Focus**

- What's the most exciting thing you've ever done?
- Would you like to go on a journey like Ed Stafford's? Why? / Why not?