

MY EVALUATION Check your progress. Do the exercises and then complete your own evaluation.



I need to try this again.



I am happy with this.



I could do this better.



I can do this very well.

VOCABULARY Food

1 Complete the words in the texts.

What's your favourite food?



Kai

My favourite meal is breakfast. I like all the different food you can have! I often have an ¹ e _ _ with some ² b _ _ _ and I usually drink some cold ³ j _ _ _ with that. A good breakfast is the best start to the day!



Jasmine

I like healthy food. I love eating ⁴ f _ _ _ , for example, grapes, a pear or a nice ⁵ a _ _ _ . For lunch, I often have a ⁶ s _ _ _ with cucumber and a lot of other things in it. If I make a pizza, I put a lot of ⁷ v _ _ _ _ on it and of course, some ⁸ c _ _ _ _ . I don't like unhealthy fast food such as ⁹ b _ _ _ _ and ¹⁰ c _ _ _ .

I can talk about the food I like and dislike.

MY EVALUATION

READING Sumo style

2 Complete the text with the words.

bowls desserts
dish enormous train vitamins

Japanese sumo wrestlers have a very different lifestyle to most people. Many sumo wrestlers are ¹ _ _ _ _ _ – some of them weigh around 190 kilos! They also have to get up very early and ² _ _ _ _ _ a lot.

They always eat a special ³ _ _ _ _ _ – it's called *chankonabe*. They often eat six or seven ⁴ _ _ _ _ _ of it in one meal! It's quite healthy because there are a lot of ⁵ _ _ _ _ _ in it and there isn't much fat. They don't only eat *chankonabe* – they have different things such as eggs, salads and ⁶ _ _ _ _ _ too.

I can summarize a text.

MY EVALUATION

LANGUAGE FOCUS Countable and uncountable nouns + some, any, much, many, and a lot of

3 Choose the correct words.

- There aren't _____ sweets in this bag.
a some b much c many
- I haven't got _____ cheese with my burger.
a any b some c many
- My sister eats _____ unhealthy snacks.
a much b a lot of c any
- There isn't _____ soup in your bowl.
a some b much c many
- Are there _____ nice dishes on the menu?
a any b much c a lot
- We've got _____ nice black grapes.
a some b any c much

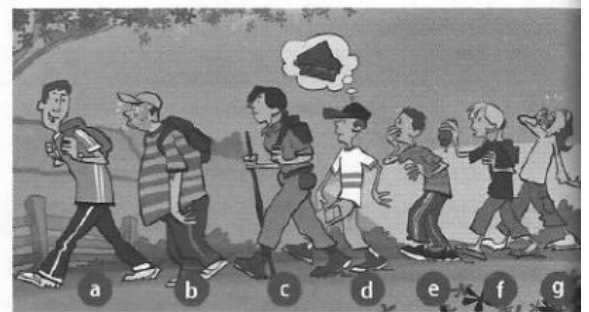
I can talk about food and meals.

MY EVALUATION

VOCABULARY AND LISTENING Adjectives: Health

4 10 Listen and draw lines from names 1–7 to people a–g in the picture.

1 Dad 2 David 3 Helen 4 Kate



5 Paul 6 Sarah 7 Tom

I can understand specific information.

MY EVALUATION

LANGUAGE FOCUS Verb + -ing

5 Write sentences using the verbs.

- 1 My sister in the park. (love, play)
- 2 Artem always (hate, get up) at 6 a.m.
- 3 Nuran and Osman at home. (like, help)
- 4 I in the centre of town. (don't mind, live)
- 5 We for the bus. (not like, run)
- 6 For lunch, Ann sandwiches. (prefer, eat)
- 7 Freddie in cold water. (not like, swim)
- 8 You homework. (don't mind, do)

I can talk about likes and dislikes and give advice.

MY EVALUATION 😞 😐 😊 😄

SPEAKING In a cafe

6 Put the dialogue in the correct order. Number the sentences.

- a ☐ Waitress Would you like chips or salad with your burger?
- b ☐ Ellen Here you are.
- c ☐ Waitress Hi there. Can I help you?
- d ☐ Ellen Erm ... salad, please.
- e ☐ Waitress OK. That's seven pounds, please.
- f ☒ Ellen Yes, I'll have a cola, please.
- g ☐ Waitress Thank you.
- h ☐ Ellen Yes, can I have a lamb burger, please?
- i ☐ Waitress Anything else?

I can order food and drink in a cafe.

MY EVALUATION 😞 😐 😊 😄

WRITING A food blog

7 Choose the correct words and complete the text.

David's Menu Blog

new ideas from around the world



7th September 2015

Hi. Here are some new ideas for an Indian menu.

¹, I've got some small Indian snacks. They're really nice and ²

³ that, there's an Indian yoghurt and cucumber dish – it's called *raita*. You can have it with bread. I love making this and it's easy ⁴

Next, is the main course. Today, it's a hot vegetable curry with rice. It looks good and it tastes ⁵

⁶, my favourite – dessert! It's Indian ice cream – *kulfi* – with fruit. This is easy because it hasn't got ⁷ ingredients. Chop some fruit and serve with the ice cream. Mmm! Delicious!

⁸ your meal! Join me next week for another great menu.

- | | | |
|--------------|----------|-------------|
| 1 a Then | b Next | c First |
| 2 a terrible | b tasty | c horrible |
| 3 a Next | b First | c After |
| 4 a to make | b making | c make |
| 5 a fun | b great | c difficult |
| 6 a After | b First | c Finally |
| 7 a any | b many | c some |
| 8 a Enjoy | b Like | c Have |

I can write a food blog using sequencing words.

MY EVALUATION 😞 😐 😊 😄