

**Miscellaneous Game** – is one type of exercise to create fun and harmony.

*Miscellaneous games are skill building exercises with results determined by rules and regulations.*

### **Benefits of playing miscellaneous games**

1. It provides fun
2. It strengthens the body
3. It creates discipline
4. It builds harmony
5. The body will be able to move actively

Some example activities



*Dern ka la / coconut-shells shoe*



*Ree ree khao sarn / To be Trapped Between the*



*E-Keb / Throwing and Catching Rocks*



*Ngoo Kin Hang / Tail-Eating Snake*

## Things to remember:

1. **Miscellaneous activity** often done during free time.
2. **Playing miscellaneous games** should not only focus on winning.
3. Miscellaneous game is a **type of exercise** that require to move the body.
4. **Thai traditional games** are example of miscellaneous activities.
5. It always creates **fun and help the players to move the body more actively.**
6. Playing miscellaneous games **does not require only one player.**
7. **Before playing**, always ask and know the ways first on how to play the game.

Lesson review: **TRUE or FALSE**. Write "T" if the statement is correct. And "F" if the statement is not correct.

- 1. Before playing the miscellaneous games, it is necessary to understand the ways to play first.
- 2. Playing miscellaneous games should only focus on winning.
- 3. Miscellaneous game is not a type of exercise.
- 4. Thai traditional games are not an example activities belong to miscellaneous games.
- 5. Miscellaneous game can creates fun.
- 6. It requires only one player to play the game.
- 7. Playing miscellaneous game helps the players to strengthen their body.
- 8. You can play by yourself, it does not require cooperation.
- 9. Playing miscellaneous game can make you sad.
- 10. Miscellaneous games are skill building exercise.
- 11. Miscellaneous game is done during free time.
- 12. Miscellaneous game is often done during work time.
- 13. It builds harmony.
- 14. Playing miscellaneous games can create discipline.
- 15. It help players move actively.