



Food pyramid

Talking about food pyramid

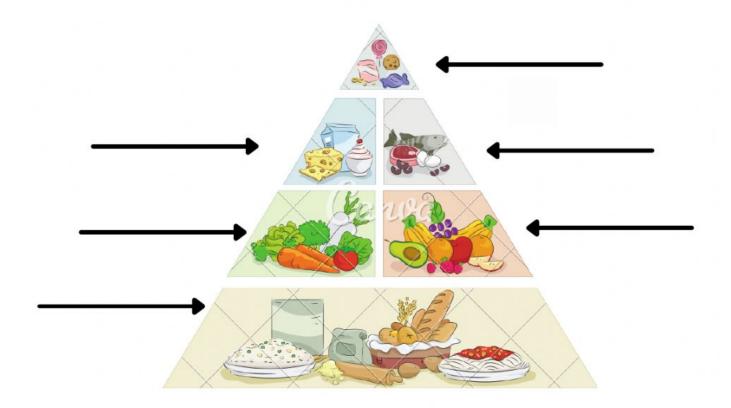


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Watch the video and complete the food pyramid.

Fats, oils and sugar Cereals and rice Milk products

Meat, fish, eggs, nuts, beans Vegetables Fruits





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