

1. Watch the video and complete the text with the words from the list.

Antartica | Destination World

wildlife | temperatures | Earth | meteors | world | penguin | travel | seven | volcano | fifth | lakes | planet | rain | continent



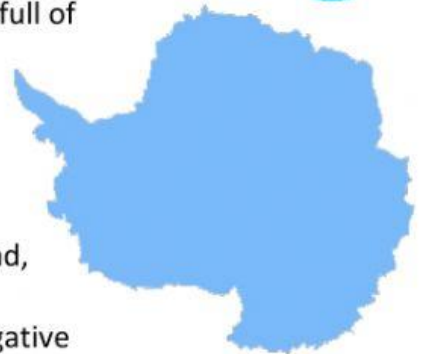
This is _____. Maybe you've heard of it? I sure hope so because you live on one of its _____ continents! This one is the coldest, the windiest, and the driest. You better buddle up because we're headed to Antarctica.



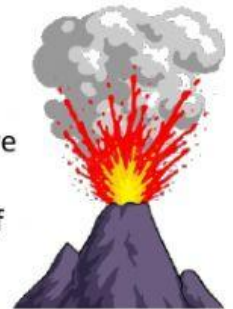
It's the _____ largest continent, and it's full of snow and ice. Antarctica is also the world's biggest desert. Deserts aren't just hot sand and sun. Any climate that has little to no precipitation, better known as _____, is considered a desert. For example, the famous Sahara Desert in Africa gets about three inches of rain a year, while Antarctica averages just two inches. Instead of the rain soaking into the ground, arctic rain turns into snow and piles up. Winter



_____ can drop to between fourteen and negative twenty-two degrees. But don't worry, summer temperature can warm up to high around thirty-two degrees Fahrenheit. Thousands of tourists _____ to Antarctica every year to see amazing animals and more.



Let's start with the Antarctic ice sheet. It's massive, the largest single piece of ice in the _____, covering more than five million square miles. Rising above the ice is the southernmost active _____ in the world, Mount Erebus. Swirling inside the volcano is one of the world's only molten _____ made of lava.



Antarctica is a cold and icy place, making it the perfect home for _____. Vegetation like lichen, moss and algae have adapted to life above the ice, along with a few different types of seabirds, including one of the most popular in Antarctica, the _____. And bellow the ice are some of the most amazing and diverse marine wildlife on the _____, include seals, octopus, and whales, making Antarctica one of the places for scientific research.



Dozens of countries from around the world have set up their own research stations here, studying everything from climate change to _____ from outer space. It's the harshest environment on the planet, cold, dry and barren, but scientists and explorers have been braving this _____ since the early 1900s, and there's still more to discover under the ice and snow of Antarctica.



Source: <https://www.youtube.com/watch?v=X3uT89xoKuc>