

3) FCE – Part 3. For questions 1-8, read the text below. Use the word given in capitals at the end of some of the lines to form a word that fits in the gap **in the same line**. There is an example at the beginning (0).

### Diving Deeper

Free-diving is a new sport, and it's extremely (0) ...*dangerous*.... , which is perhaps why its (1) ..... is growing fast. Free-divers are attached to a line, and then they have to take a (2) ..... breath, dive as deep as they can and come up (3) .....

**DANGER**  
**POPULAR**  
**DEPTH**  
**IMMEDIATE**

The present record is 121 metres, held by the British diver, Tania Streeter. Tania trains very (4) ..... before each dive to build up her physical (5) ..... She never diver until she's completely confident that she's ready.

**CARE**  
**FIT**

"The danger is caused by the great (6) ..... at those depths. I think that safety procedures have to be very strict if we want to avoid accident," Tania says. Tania feels that (7) ..... strength is also very important. She has an (8) ..... response to water and feels very calm when she's underwater. Perhaps Tania's greatest asset is her (9) ..... to focus. "In free-diving there are **ABLE** no competitors around you and there are no cheering spectators to encourage you. It's a (10) ..... sport," says Tania.

**PRESS**  
**MENTALITY**  
**EMOTION**  
**ALONE**