

WHAT CAN YOU DO WHEN FEELING ...?

READ, DRAG AND DROP.



I AM HAPPY. I CAN _____.



I AM SCARED. I CAN _____.

COUNT TO TEN



I AM CALM. I CAN _____.

CRY



I AM SAD. I CAN _____.

DANCE



I AM IN LOVE. I CAN _____.

GIVE A HUG

TALK TO AN ADULT

TAKE A DEEP BREATH



I AM ANGRY. I CAN _____.