ENGLISH LESSON

TEACHER FIFIE

NAME: **CLASS:**

A.Listen to the audio about different extreme sports.Use an online dictionary to find the meanings of the following words and phrases.

DSKP:LS1.2.1

Words and Phrases	Meanings
1. adrenaline rush	
2. test our limits	
3. individually	
4. buildering	
5. scaled	
6. hashing	
7. develop stamina	
8. alert	



LIVEWORKSHEETS

B.Listen to the audio again. Complete the mind map below.

DSKP:LS1.1.2



EXTREME SPORTS

SKYDIVING

- parachute from a _____
- can be done _____ or _____
- requires some _____

SKATEBOARDING

- gives one an _____
- tests _____
- enjoy the _____ and excitement

HASH HOUSE HARRIERS

- started in: _____
- **aims:**
  - i. _____
  - ii. _____
  - iii. _____
- **benefits:**
  - i. helps to develop _____
  - ii. makes one feel _____

BUILDERING

- name of famous builderer: _____
- **climbed:**
  - i. _____
  - ii. _____
- climbed more than _____

LIVEWORKSHEETS