

## What is bullying?

Watch the video and complete the activities

BULLYING IS A KIND OF BEHAVIOUR THAT  
[REDACTED], [REDACTED] AND [REDACTED] A  
PERSON.

HUMILIATES

HURTS

HARMS

ACTIVE BULLYING	PASSIVE BULLYING	CYBERBULLYING

VERBAL BULLYING

IGNORING THEM

CALLING NAMES

MAKE THE OTHER FEEL  
INVISIBLE

MEAN MESSAGES  
THROUGH SOCIAL  
MEDIA OR TEXTS

PHYSICAL BULLYING

SAYING MEAN WORDS

A bully looks for ways to get [REDACTED] and [REDACTED] over  
another person to make that person feel [REDACTED] and to  
look themselves more [REDACTED]