

PROJECT

Listen to your teacher, read and underline the sight words. (Page 55)

Yesterday I had a bowl of cereal with milk for breakfast. For lunch I had meat and salad. After school, I played football for one hour. In the afternoon, I had a bowl fruit salad. For dinner, I had a plate of pasta with vegetables. I had some ice cream for dessert. At night I slept for 10 hours. Yesterday was a healthy day!

Read again and fill in the table.

What Tony had	
Breakfast	Lunch
Snack	Dinner

