



CHARACTERISTICS OF EXTREME SPORTS	EXAMPLES OF EXTREME SPORTS
2)	5)
3)	6)
4)	7)
	
<div style="border: 1px solid green; border-radius: 15px; padding: 10px; text-align: center;"> <p>EXTREME SPORTS</p> <p>DEFINITION : 1)</p> <p>.....</p> </div>	
ADVANTAGES OF EXTREME SPORTS	THINGS TO CONSIDER WHEN DOING THE EXTREME SPORTS
8)	11)
9)	12)
10)	13)

Rock climbing	A high level of physical exertion
Know the rules of the activities	Watch out of others
Mountain biking	Tend to be more solitary
High degree of risk	A great way of having fun
Extremely fit	Can be character building
Sports activities with a high level of inherent danger	Scuba-diving
Wear suitable protective clothing	