

Word on the Street

Food in Britain

Exercises

Answers are at the end of this support pack.

Activity 1

Choose the most appropriate word to complete the sentences.

immigrants / Developments / embrace /
oriental / reinvent

I enjoy _____ food.

Many _____ have settled in the UK.

Many British people _____ different cultures.

_____ in technology have meant that we can travel to the moon.

Stop trying to _____ the wheel.

Activity 2

Select the correct answers.

1. What can you buy in Borough Market?
 - a) food
 - b) clothes
 - c) handcrafts
2. What is an English breakfast?
 - a) cereal
 - b) a fried breakfast
 - c) fruit

3. What does 'locally sourced ingredients' mean?
 - a) Food that has been grown/ produced close by.
 - b) Food that has been bought from a local supermarket.
 - c) Food from different countries.
4. Carmen thinks that British food has been influenced by other countries because:
 - a) It is not very good.
 - b) It is very fatty.
 - c) It is too healthy.
5. What does it mean to live in a globalized society?
 - a) Your community is influenced by people and events across the world.
 - b) Your family lives all over the world.
 - c) You buy your food from the internet.
6. Which of the options below is a traditional British meal?
 - a) fish and chips
 - b) Thai green curry
 - c) macaroni and cheese

Listening comprehension:

Listen and complete the missing words.

Carmen: The Chinese introduced _____ food to Britain. But before the Chinese, _____ from all around the world came to live in London.

British _____ enjoy a huge range of food and flavours from other countries.

This is Borough Market, London's oldest food market. Today, you can find food here from all over the world.

This is Italian cheese. Each group of settlers brought their own food and styles of _____ and people here embraced the exciting new flavours... maybe, because British food wasn't very good.

_____ from all around the world can be found on most British high streets. Indian, Chinese, Greek, Italian, Spanish, Persian... the list goes on.

But just what are the UK's favourite dishes?

On the Street: My _____ meal is Thai green curry.

On the Street: One of my favourite _____ is... cottage pie with peas.

On the Street: My favourite food is... Chinese.. Chinese.

On the Street: What's my favourite meal? Still full English _____

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Chef: This is a full English breakfast. Tomato, black pudding, sausage, bacon, egg, mushroom.

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Listening comprehension:

Choose one of the words from the list to complete the text, then, listen and check.

something	writer	fried	ingredients	lamb	cheese	sauce	dishes	tomato
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A big _____ breakfast might not be to everyone's taste. But in Britain, there is something for everyone.

Celia Brooks Brown is a food _____ and knows all about food and the future of food in the UK, today.

Mmm! It looks good. What have we got here, Celia?

Celia: Well, this is a British _____ salad with a Yorkshire-made sheep's _____. And here we have a Barnsley _____ chop with new potatoes and a mint hollandaise _____.

Carmen: So is this a sign of developments in British cooking?

Celia: Yes, people want to know where their food comes from. Chefs in restaurants like these are reinventing classic British _____. They're using ingredients that are locally sourced and locally grown.

Carmen: So what about world cuisine?

Celia: Well anything goes. Chefs love to experiment with _____ from different cultures. And we live in a globalised society. It's very exciting.

Carmen: OK Celia, if you were cooking these dishes at home, what ingredients from different cultures would you use?

Celia: Well, I might use _____ like this. This is a Moroccan spice mix called Ras el Hanout. Have a sniff.

Carmen: Hmm. That's really strong.

Celia: Lovely, isn't it? Now, this might make a lovely spice rub for that lamb chop.

Carmen: I can't wait to taste this.

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The food in Britain reflects the many different cultures here. But some of the old favourites are here to stay. I'm off for my favourite, fish and chips. Want a chip?