

Travel

Rational Cloze

Mount Fuji, Japan



Climbing Mount Fuji is very popular not only among Japanese 1. also foreign tourists. The peak season for 2. Mount Fuji is during the school vacations which last from around July 20 to the end of August.

In order to encounter neither too large 3. too small crowds, it is 4. to climb Mount Fuji on a weekday in the first half of July before the start of the school vacations. The downside of a climb in early July is the weather, which tends to be somewhat more unstable than later in the season.

The hike is not technically difficult, and there 5. many other hikers during the climbing season, the average person will not need a guide. 6. inexperienced hikers or people who prefer to leave all the planning to somebody else may want to consider hiring a guide.

Most people try to time 7. ascent in order to witness the sunrise from the summit. Also, the chances of the mountain being free of clouds are highest during the early morning hours. The recommended way of doing this, is to climb to a mountain hut around the 7th or 8th station on the first day and spend some hours sleeping there before continuing to the summit early on the second day. Note that the 8. takes place as early as 4:30am to 5:00am in summer.

To avoid altitude sickness, you are advised to tackle the mountain at a slow pace, stay hydrated and make frequent breaks.