

ACTIVITY # 4

Read the two topic sentences below. Then read the list of supporting sentences. Match each supporting sentence with the corresponding topic sentence by writing the correct topic sentence number on the line beside the supporting sentences. Notice that each sentence is labeled in parentheses with the kind of supporting sentence that it is.

TS 1: Low-fat diets are an excellent way to stay healthy and trim.

TS 2: High-protein diets are favored by athletes and competitors

Supporting sentences

_____ a. These foods help build muscles and increase energy. (fact)

_____ b. They are preferred by the general public because they help with weight reduction. (reason)

_____ c. Low-fat diets are recommended by most physicians. (fact)

_____ d. Many athletes eat high-protein foods, such as meat, beans, and nuts. (example)

_____ e. Low-fat foods include fruits, vegetables, and pasta. (example)

_____ f. Because they are easy to find in stores, low-fat foods are convenient. (reason)

_____ g. Athletes generally eat high-protein diets to give them more energy. (reason)

_____ h. Crispy steamed vegetables and grilled fish and chicken are all tasty parts of a low-fat, heart-friendly diet. (description)